

## Free or Inexpensive Rewards for Parents

### Young Children

1. Assist the parent with a household chore
2. Send an email to a relative telling them what a good job they had done on a project at school. In other words, email Aunt Linda and tell her about the "A" you got on your spelling test.
3. Get to decorate paper placemats for the dining room table for dinner that evening
4. Get to choose what is fixed for dinner that night- example: "You get to choose, I can make tacos or meatloaf. Which do you want me to fix?"
5. Get to help parent fix dinner- shell peas, peel potatoes, make art out of vegetables, make ants on a log etc.
6. Get to be the first person to share 3 stars and a wish at the dinner table (3 good things that happened that day and one thing they wish had gone better. )
7. Get to create a family night activity- roller skating, hiking in the park, picnic dinner on the living room floor or under the dining room table with blankets over the top.
8. Camp out in the backyard with a parent.
9. Get a car ride to or from school instead of the bus
10. Get to have a picture framed for mom or dad's office
11. Get to choose the game the family plays together that night
12. Get to choose the story the family reads out loud together (read the classics)
13. Get to go with a parent to volunteer at a retirement home (the children will get tons of attention)
14. Get to gather old toys and take to a shelter for children who have nothing
15. Get to ask friends to bring dog and cat food to their birthday party instead of toys that will break. Take the food to a shelter the day after as a reward. They will get a ton of attention from the staff.
16. Bury treasures in a sandbox for the child to find. Put letters in plastic Easter eggs and they have to put the letters together that spell treat the child will receive. (ideas: a walk with grandma, bike riding at the park, etc. )
17. Make special mud pies in the backyard with mom or dad or have a family contest to see who can make the best mud pie.

18. Dig shapes in the sandbox and then decorate with items found around the house. Pour inexpensive plaster of paris into the shape and wait to dry. When it's pulled out it will be a sandy relief that can be hung on the wall (if you remember to put a paper clip in the plaster of paris on the top before it dries ☺)
19. Get to go shopping with a parent as an only child. Give them a special task to look for something that you are seeking. For example: "Here's a picture of a blue blouse that I'm trying to find. Help me look for something that looks like this. "
20. Take all the kids to grandma and grandpa's except one and let that child stay home with mom and dad and be "only child" for the weekend. The other kids will get spoiled with lots of attention by grandma and grandpa and the "only child" will get lots of attention from mom and dad. (If you don't have grandma and grandpa nearby- trade with another family taking turns to keep each other's children. )
21. Download a fun recipe and let your child help you make that recipe as a surprise for the rest of the family that evening. (put up signs that say "Secret Cooking in Progress". Must have special pass to enter the kitchen.
22. Surprise your child with a scavenger hunt around the house. If they read, give them written clues hinting as to where the next card is hiding. At the end have them find a note that tells them their big prize. (If your child can't read, you can use pictures. )
23. Make a story on the computer with your child using Microsoft's PowerPoint program. Let your child be the star of the story.
24. Let your child take the digital camera out in the back yard and then come back in and turn those pictures into a story on the computer. Help them print off their book for a distant family member.
25. Go outside and collect cool leaves and flowers. Come inside and put those leaves and flowers between two sheets of wax paper. The parent will iron these two sheets together and create placemats for everyone in the family for the evening.
26. Start a family story at the dinner table and each person in the family has to tell a part of the story. The child being rewarded gets to start and end the story.
27. Let your child earn 5 minutes of either staying up later or sleeping in in the morning. Use that time to read together if they stay up later.

28. Play secretary and let your child dictate a story to you. Type up the story and send it out to some relatives who will call them and tell them how much they liked the story.
29. Write a story for your child where the child or their personal hero is a character in the story.
30. Change the screen saver on your computer to say "My child is the greatest. " ...or something that would make them feel good about themselves. Do this at your office and then take a picture of it or take your child to your office on the weekend and let them see it.
31. Let your child help you do the laundry and then pay them with a special dessert for dinner. Be sure to say, "Since you helped me save time by helping me fold the laundry, I have time to make this special dessert for dinner. "
32. Help your child organize their room giving them a mnemonic to help them remember where things go- for instance teach them the color order of the rainbow and then teach them to hang up their clothes in color groups matching the order of the rainbow (ROYGBIV). Later on when you catch them hanging up their clothes in the correct place draw a "rainbow" award for their good work and put it on their door as a surprise when they come home.
33. Have the bedroom fairy come while they are at school and choose the bedroom that is the neatest. Hang a fairy from the doorway of the room that is the neatest and that person gets to sit in "Dad's chair" to read that night. (or something that would be appropriate at your house).
34. Mystery grab bag. Take an old pillow case and put slips of paper inside listing some of the prizes on this page and let the child draw out the prize they are going to get for their behavior reward.
35. Let your child dictate where you drive on the way home from a location. In other words, they have to tell you turn left here...turn right here. If they happen to steer you into a Baskin Robbins Ice Cream Parlor, it wouldn't be a horrible thing to stop and have a family treat together.
36. Give your child a special piece of jewelry that belongs to you to keep and wear for the day. (Nothing that costs a lot of money- but something that looks like it is special to you. ) The child will feel special all day long.
37. Take your children to the library one at a time and give them special one on one time at the library checking out books or listening to stories.

38. Sign your child up for acting lessons (they have to have earned this privilege). Many universities offer free acting classes on the weekend for children.
39. Take your child to an art gallery and then have them draw a picture of their favorite painting or statue. Possibly stage a mini art gallery tour of the child's work for relatives who are coming to visit. Serve cheese and grape juice.
40. Take your child to the university astronomy lab. (It is usually free). Help them place stars on the ceiling of their room in their favorite constellation. If possible they could paint the stars with "glow in the dark" paint.
41. Take your child on a nature walk and collect rocks. Bring the rocks back home and have a contest painting the rocks to look like animals.
42. Have your child collect some toys they have outgrown. Clean up the toys and take them to a local hospital children's ward and donate the toys to the ward. The child will get lots of attention and feel good.
43. Go to your local appliance store and ask them to save a refrigerator box for you. The next time your child earns a reward, give them the box and help them plan and decorate the box to turn it into anything their imagination desires.
44. Make Papier-mâché Halloween masks by taking punch ball balloons and spreading the paper strips over the balloon shape. Make noses, horns, tongues whatever they desire and then paint when dry. You will have a unique and free Halloween costume and you will have given your child tons of attention.
45. Find an old fashioned popcorn popper (not an air popper). Spread an old sheet out on the living room floor, put a little oil in the popper and then have your children sit outside the perimeter of the sheet. Put a few kernels of popcorn in the popper and watch them fly up in the air. The kids will love watching this. For a special treat pour cinnamon sugar on the popcorn after it pops.
46. Find some light balsa wood and create a boat powered by a rubber band and paper clip paddle wheel. Make a unique sail and take the boat to a creek or lake nearby and help your child launch their boat. Be sure to take a butterfly net to retrieve the boat when it goes downstream. (Proactively, you could put an eye hook on the front of the boat and attach some fishing line to it so it can be brought back to shore.
47. Take your child fishing. It's a great place to have some really in depth conversations.

48. Take your child for a ride looking for items that start with each letter of the alphabet. Take the child's picture in front of each item that starts with that letter and then put it together as an ABC Book. For example: "This is Johnny in front of Applebees. " "This is Johnny in front of BlockBuster. " And so on...
49. Check with your local humane society and see if they allow children under 18 to volunteer to feed and water the animals. (Some shelters only allow adults over 18). Let your child earn the privilege of going to the shelter to feed and water the animals. Perhaps they can walk a small dog or pet a cat.
50. Take your child to the local fire department. As long as they are not busy, they will be glad to show the child around and give them some great attention. Most children have seen a fire truck, but few have actually gone to the fire department to see what it looks like.
51. Play the "Gatekeeper Game" with your child. A description of this game is available on [www. behaviordoctor. org](http://www.behaviordoctor.org) (under books- Stork Manual page 60. )
52. Tell your children you have a surprise performance for them. Get a stocking cap and lay on a sturdy table with your head hanging chin up in the air. Cover all of your face with the stocking cap except your chin and mouth. Draw two eyeballs on your chin and then lip sync to a silly song. It looks really funny, like a little headed person with a big mouth singing. Then let your child put on a performance for you.
53. Play hide and go seek in your house in the dark. Turn out all the lights and have everyone hide. One person is "it" and they have to go around the house and find the people who are hiding. It's really a great way to help your children not be afraid of the dark. You can limit it to one or two rooms if your children are young.
54. Ask your children if they'd rather have a dollar a day for thirty days or a penny a day that doubles each day for 30 days. In other words on day one 1 cent, day two 2 more cents, day three 4 cents and so on. Once they decide then help them figure out which one would have been the better deal. \$10,737,418. 23 at the end of 30 days with the double the pennies per day.
55. Give your child a nice piece of manila paper and some wax crayons. Have them color a design on every inch of the paper- could be stripes or wavy lines- whatever they desire. Then have them cover the entire page with black crayon. They color over the entire page. Then give them a paper clip and have them open one end and scratch a cool design into the black

- crayon. The colors underneath will show through. Do an art gallery tour and have tea and cookies after looking at the different pictures.
56. Teach your child how to throw a football, shoot a basket, kick a field goal, hit a baseball, putt a golf ball. Then for fun, switch hands and try to do all of those things with the opposite side of the body.
  57. Find an old croquet set- probably on Ebay. Set up croquet in your yard and challenge your child to a game of croquet. The winning child gets to choose what the family eats for dinner.
  58. Turn your dining room table into a cave by covering it with blankets, quilts and sheets that cover the top and sides down to the floor. Lay inside the cave and draw picture by flashlight to hang on the wall of the cave- just like the caveman drawings. You can safety pin the pictures to the "cave walls".
  59. Have a talent night for the family. Have everyone keep it a secret what they are doing and then perform for each other.
  60. Teach your child how to darn a sock and then turn it into a magical sock puppet. Put on puppet shows for each other.
  61. Take a tension curtain rod and put it in the door frame with some old curtains attached. Let your child put on a talent show for you as they enter through the curtain.
  62. Attach cork panels to a wall in the kitchen or put in a large picture frame and put a special piece of art, poetry, or an exceptional paper on the board and have the entire family view and comment at dinner on the highlighted piece.
  63. Let your child design thank you cards, birthday cards, or holiday cards and use them to send to friends and relatives. Make sure they sign their work.
  64. Buy your child an inexpensive digital camera and have them take pictures and then gather the family with popcorn and watch the video on your television by hooking the camera to the television or upload to the computer and attach the computer to the television. Have everyone choose a favorite photo and talk about it.
  65. Have a date night with your child as an only child. Take your child out to dinner and a play or a movie.

## Teenagers

1. A gallon of paint is inexpensive. Let the child choose the color and help them paint their room. You can also buy mistake paint (colors that didn't work out for others) and let the child paint a mural on their bedroom wall.
2. Teenagers need extra-curricular activities; however, these activities are expensive. Work out a deal with the karate teacher, horse stable, art teacher, sport coach etc. Offer to provide transportation, house cleaning duties once a month, or precooked meals to get a discount on these classes for your teenager.
3. Teenagers have a difficult time with their emotions. Download yoga lessons from online and do yoga breathing exercises together as a family. Talk to your child about using these techniques when they feel tense at school.
4. Make a deal. If your child maintains the grades you agree upon, does not have any unnecessary absences, and has been agreeable, allow them to take a mental health day and stay home on a day you are home as well. Go window shopping together, fishing, go-kart riding, or whatever would float your child's boat. My mother did this with us when we were children and I still remember these days fondly.
5. Let your teenager play their music during dinner and talk to you about why they like each song that plays.
6. Watch an old black and white classic movie together and talk about how movies have changed. My children loved "Harvey" with Jimmy Stewart when they were teenagers.
7. Write half a story or poem and let your teenager write the other half. Submit the story for publication.
8. Scan your teenager's papers or art work and have them bound in a book ([www.lulu.com](http://www.lulu.com) has inexpensive binding available). Present the book to your teenager at a special dinner.
9. Make a scrap book of your teenager and their friends with ticket stubs and pictures and present at a surprise party.
10. Save your change for a year. Let your teenager choose what to do with that money. One family that I know saved enough to take a family of six to Disneyland.
11. One of the greatest gifts you can give to a teenager is to teach them charity. Sign up to work in a soup kitchen, nursing home, or other similar area and work with them once a month.

12. Organize a neighborhood football or basketball game "oldies" vs "youngsters" or "men" vs. "women" and then have a block barbecue afterwards.
13. Let them drive the "good" car for a special occasion.
14. Surprise them with their favorite dessert for no special reason.
15. Write a story about the 20 things you love about them. Include fun pictures.
16. Choose a family member of the month and make a poster of them. Let them choose Friday night dinners for the month.
17. Teach your children how to play a game like *Spoons*, *Canasta*, *Poker*, etc. and have a family game night.
18. Turn out all the lights in the house and play hide and go seek in the dark. The person that can stay hidden the longest gets to choose the movie the family watches on Saturday night.
19. Hire your child to be an interior decorator and using only items available in the house, redo a room in the house.
20. Do your own *Trading Spaces*. Parents redecorate the teen's bedroom and the teen redecorates the parent's bedroom.
21. Use plastic Easter eggs and put dollar amounts in the eggs on slips of paper and number the eggs with a permanent marker. Play *Deal or No Deal* with one of the parents playing the banker.
22. Help your teenager study for a test by downloading a free *Who Wants to be a Millionaire* PowerPoint game and put the answers to your teenagers' test into the game and then play to help them study.
23. Tape record your student's study questions onto a tape recorder for them so they can listen to them while they are going to sleep.
24. Make flash cards for your student's exams to help them study for a big exam.
25. Help your teenager organize their notebook using color coded folders for each subject and pocket folders for study cards.
26. Hide positive messages all over your teenager's room, in their books they use at home (you don't want them to get embarrassed at school), on their bathroom mirror, etc.
27. Watch *Jeopardy* and give each family member a pad of post it notes or index cards. Have everyone write down what they think the answer is and keep points. The person who wins gets to pick what the family does as an activity that weekend.
28. Do some research for your teenager. For example, if your teen is studying Greek Mythology go to the library and check out all the books on Greek

- Mythology for them or download some appropriate materials from the Internet (be careful of the Internet as some information is not correct).
29. Take your teen to a museum, on a nature walk, to a sporting event, whatever would float their boat. It's the time you spend with them that is important and there are many free events you can attend.
  30. Make a special mix CD for your teen of their favorite songs. You can upload i-tunes and then copy their own CD's into the program and mix and match their favorite songs onto one CD so they don't have to flip through CD's to listen to their favorite songs.
  31. Have a contest to see who can find something that no one in the family can guess what it is. For example, a shirt stay, or the inside spring to a toy, things that might not be recognizable away from their use.
  32. Have everyone come to the table with a quote and then a contest to see who can guess who made the quote famous.
  33. Surprise your teen with a scavenger hunt all over the house when they get home from school. Make the clues hard to figure out. I always had a little prize at the end like baseball cards.
  34. Let your teen host the training of a guide dog. This will teach them responsibility and give them a sense of pride.
  35. Help your teen become a big brother or sister to a child who needs a mentor. There is no greater gift you can give yourself than that of service to someone in need.
  36. Chop Basket- Let your teen choose the ingredients from your cupboard and you have to make dinner from the ingredients. (Like the show).

## Free or Inexpensive Rewards for Individual Students

### Elementary Level

1. 10 minutes of computer time
2. 10 minutes of i-Pad time
3. 15 minutes of computer time
4. 15 minutes of free choice time
5. American Idol with your class- you get to be a judge
6. Art time with special art supplies (like clay, ceramic, bake dough etc. )
7. Assist the custodian
8. Assist with morning announcements over the PA system
9. Be a helper in another classroom
10. Be featured on a photo recognition board
11. Be recognized during announcements
12. Be the first one in the lunch line
13. Be the leader of a class game
14. Be the line leader or the caboose
15. Be the scout (Person who goes ahead of class to tell the special teacher they are on the way)
16. Be the teacher's helper for the day
17. Borrow the principal's chair for the day
18. Breakfast with the custodian
19. Breakfast with the librarian
20. Breakfast with the music teacher
21. Breakfast with the PE teacher
22. Breakfast with the principal
23. Breakfast with the teacher
24. Bring your pet to school and share it with the class
25. Bubbles
26. Build a tent out of your desk using a towel and work under your desk
27. Buy Back a Bad Grade by getting to take another chance at a quiz
28. Buzz cut a design in an agreeable male's head
29. Cake Boss decorating cupcake with your class- you be the judge
30. Choose a book for the teacher to read aloud to the class
31. Choose any class job for the week
32. Choose music for the class to hear

33. Choose the game during physical education
34. Choose which homework problem the teacher has to answer for the whole class
35. Choose which homework problem the teacher will give the answer to for a freebie
36. Clean the teacher's desk
37. Craft Stamps during FREE Time tomorrow
38. Cup of hot chocolate
39. Cut the principal's tie off and have your picture featured on a bulletin board with the neck part of the tie as the frame. Keep the tip for a souvenir.
40. Dance to favorite music in the classroom
41. Decorate the class door
42. Design a class/school bulletin board
43. Design and make a bulletin board
44. Do freeze tag with the class
45. Do half of an assignment
46. Do the conga with the class
47. Do the Hand Jive with the class
48. Draw on a small white board at desk
49. Draw on the chalkboard
50. Draw pictures on the chalkboard while the teacher reads to the class (illustrating the story being read)
51. Duct tape the principal to the wall during lunch or an assembly
52. Earn a blue ribbon for an art display
53. Earn a certificate for free
54. Earn a free pass to a school event or game
55. Earn a gift certificate to the school store or book fair
56. Earn a pass to the zoo, aquarium, or museum
57. Earn a picnic for your class- might be indoors if weather is bad
58. Earn a trophy- teacher made trophies
59. Earn a trophy, plaque, ribbon or certificate
60. Earn an item such as a Frisbee, hula hoop, jump rope, paddleball or sidewalk chalk, which promote physical activity
61. Earn extra computer time
62. Earn extra credit
63. Earn free tutoring time from the teacher (spelling secrets, math secrets, writing secrets)
64. Earn play money to be used for privileges

65. Earn points for good behavior to "buy" unique rewards (e. g. Autographed items with special meaning or lunch with the teacher)
66. Earn the privilege of emailing a parent at work telling of accomplishments
67. Eat lunch in the Classroom
68. Eat lunch outdoors with the class
69. Eat lunch with a teacher or principal
70. Eat lunch with an invited adult (grandparent, aunt, uncle)
71. Eat snack in the classroom
72. Eat with a friend in the classroom (with the teacher)
73. Enjoy a positive visit with the principal
74. Enjoy class outdoors for the whole class
75. Enter a drawing for donated prizes among students who meet certain grade standards
76. Extra session of Daily 5
77. Free 1 point gotcha for everyone in the class
78. Free pass on doing only half an assignment instead of whole assignment
79. Get "free choice" time at the end of the day
80. Get a "no homework" pass
81. Get a balloon attached to your desk
82. Get a banner at your desk
83. Get a book dedicated to you in the library
84. Get a drink from the cold water fountain (There is always one fountain that is better)
85. Get a flash cards set printed from a computer
86. Get a free choice for the whole class
87. Get a special crown to keep and wear
88. Get a special school supply from the teacher's closet
89. Get a video store or movie theatre coupon
90. Get chalk for recess to draw on the playground
91. Get extra art time
92. Get to ask your BFF to join you at a special table in the lunchroom
93. Get to be a mentor on the playground for recess
94. Get to be first in the lunch line
95. Get to be the assistant custodian for 30 minutes
96. Get to be the assistant librarian for 30 minutes
97. Get to be the assistant principal for 30 minutes
98. Get to be the caboose for the day
99. Get to be the line leader for the day

100. Get to be the Music teacher's helper for 30 minutes
101. Get to be the PE teacher's helper for 30 minutes
102. Get to be the secretary's helper for 30 minutes
103. Get to be the teacher's helper for the day
104. Get to blow bubbles at recess
105. Get to bring a special guest to class to read a story to the class
106. Get to bring in show and tell
107. Get to bring in something you collect from home and share it with the class
108. Get to bring your favorite game from home and share it with the class
109. Get to choose an art project for the class
110. Get to choose an extra book for story time
111. Get to choose the brain break activity
112. Get to dance with the class
113. Get to do a magic trick for the class
114. Get to draw on the whiteboard while the teacher is reading
115. Get to eat lunch with a different class
116. Get to eat lunch with the custodian
117. Get to eat lunch with the principal
118. Get to eat lunch with the teacher
119. Get to go help another teacher for one hour
120. Get to go help in a younger class
121. Get to have everyone write a positive sentence about you in a booklet
122. Get to help design a bulletin board and put it together
123. Get to hold the flag for the pledge in the morning
124. Get to invite three friends to eat lunch with you in the classroom
125. Get to make a special card using the stamps and ink
126. Get to paint something on the classroom easel
127. Get to perform a science experiment for the class
128. Get to play Angry Birds on class i-Pad
129. Get to play with Playdough or the Fuzzy Pumper Barber Shop
130. Get to put on a puppet show for the class- using the teacher's doorway  
curtain
131. Get to put together a puzzle in the back of the room
132. Get to read a comic book during DEAD time (Drop Everything and Read)
133. Get to read morning announcements over the Public Address System
134. Get to set up snack for the class
135. Get to sing karaoke in the class
136. Get to sit in the class beanbag

137. Get to sit in the class rocking chair
138. Get to sit in the special chair during reading time
139. Get to sit on the floor to do your work- using teacher's pillow
140. Get to skip one test question
141. Get to take care of the class pet over the weekend or holiday
142. Get to take off your shoes for the day
143. Get to teach one topic for the day
144. Get to tell jokes to the class for 10 minutes
145. Get to text message your parents about a great behavior
146. Get to use the teacher's cell phone to call home about your great behavior
147. Get to use the teacher's computer to send an email to someone about your great behavior
148. Get to visit another classroom for one lesson of the day
149. Get to visit the principal for a prize (pencil)
150. Get to wear a diamond tiara for the day
151. Get to wear a super hero costume for the day
152. Get to wear ear buds for one hour and listen to music
153. Get to write the morning positive message
154. Get to write your name on a paper with the glitter pen
155. Get your name read over the morning announcements proclaiming your good behavior
156. Get your picture in the school newspaper
157. Get your picture on the school website
158. Go on a walking field trip (earn privilege for whole class)
159. Go to recess early
160. Go to the library to select a book to read
161. Gum in the classroom
162. Hat day tomorrow
163. Have a drawing lesson
164. Have a free serving of milk
165. Have a teacher read a special book to the entire class
166. Have an extra recess
167. Have teacher share a special skill (e. g. Sing)
168. Have the class mascot at your desk
169. Have the teacher help you clean your desk
170. Have the teacher make a positive phone call home
171. Help in a lower level class
172. Hershey kiss for everyone

173. Invite a parent, grandparent to eat lunch with you
174. Keep a stuffed animal at desk
175. Learn how to do something special on the computer- like graphics or adding sound
176. Learn how to draw something that looks hard, but with help is easy
177. Listen to music while working
178. Listen with a headset to a book on audiotape
179. Make deliveries to the office
180. Move desk for the day
181. Music in the classroom
182. Name put on scrolling marquee with a specific message "Emily Jones says smile and eat your veggies. "
183. New Pen for everyone
184. New pencil for everyone
185. No homework today
186. Operate the remote for a PowerPoint lesson
187. Overnight read-in for your class in the gym with sleeping bags and flashlights
188. Paint during FREE Time tomorrow
189. Pajama day tomorrow
190. Pick a game at recess that everyone plays including the teacher
191. Pick a Read Aloud Book for the teacher to read
192. Play a computer game
193. Play a favorite game or puzzle
194. Popcorn for the class
195. Principal dresses up in a funny costume for the day
196. Put your feet on your desk during DEAD time (Drop Everything and Read)
197. Read a book to the class
198. Read morning announcements
199. Read outdoors
200. Read to a younger class
201. Receive a "mystery pack" (gift-wrapped items such as a notepad, folder, puzzle, sports cards, etc. ) Receive a 5-minute chat break at the end of the class or at the end of the day
202. Receive a note of recognition from the teacher or principal
203. Receive a plant, seeds and a pot for growing
204. Receive art supplies, coloring books, glitter, bookmarks, rulers, stencils, stamps, pens, pencils, erasers and other school supplies

205. Receive donated community gifts or coupons
206. Receive verbal praise
207. Request what teachers sing or act out what song during lunch for the whole lunch period to see
208. Root beer float with the principal
209. Select a paperback book to take home to read from the teacher's personal library
210. Sharpen pencils for the whole class
211. Shoot baskets at the trash can with foam balls
212. Show and Tell
213. Sit anywhere in the room today
214. Sit at the teacher's desk using his or her chair
215. Sit at the teacher's desk for the day or a set amount of time
216. Sit next to the teacher during story time
217. Sit next to the teacher during story time
218. Sit with a friend at lunch, assembly, etc.
219. SMARTboard game for everyone
220. Sour gummy worm for everyone
221. Stay in at recess and help the teacher
222. Stuffed animal day tomorrow
223. Take a free homework pass
224. Take a trip to the treasure box (non-food items such as water bottles, pencils, pens, spiral notebooks)
225. Take care of the class animal
226. Take class animal home for school vacation time
227. Take home a class game for a night
228. Teach the class a favorite game
229. Teach the class a math lesson
230. Teacher does all the homework
231. Teacher dresses up in a funny costume for the day
232. Use colored chalk
233. Use the teacher's chair
234. Walk in the woods with a preferred adult during recess
235. Walk with a teacher during lunch
236. Watch a video instead of recess
237. Wear a hat for the day
238. Wii party with two BFFs
239. Work as the Principal apprentice for 20 minutes

240. Work in the lunchroom
241. Wrist smelly for everyone (use smelly lip balm)
242. Write with a marker for the day
243. Write with a special pen for the day
244. Write with a special pencil for the day

### Free or Inexpensive Rewards for Individual Students

#### Secondary Level

1. 10 minutes of computer time
2. 10 minutes of i-Pad time
3. 15 minutes of computer time
4. 15 minutes of free choice time
5. Adult volunteers to write a job recommendation for the student
6. All school party on the weekend with different venues for all interests: (students with zero ODR's get to come) Have parents sponsor and chaperone:
  - a. Dance area
  - b. Basketball area
  - c. Game board area
  - d. Conversation pit
  - e. Graffiti wall (piece of sheetrock painted white with sharpies of various colors)

- f. Karaoke area
- g. Computer animation area
- 7. American Idol with your class- you get to be a judge
- 8. Assisting Coach for any sport
- 9. Assisting PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) to develop ways to reward teachers who go out of their way to help students
- 10. Breakfast with the custodian
- 11. Breakfast with the librarian
- 12. Breakfast with the music teacher
- 13. Breakfast with the PE teacher
- 14. Breakfast with the principal
- 15. Breakfast with the teacher
- 16. Buy Back a Bad Grade by getting to take another chance at a quiz
- 17. Chance to go to grade school and teach students about a topic of interest
- 18. Choose which homework problem the teacher has to answer for the whole class
- 19. Choosing to do a PowerPoint for the class on a particular subject of interest
- 20. Choosing what assignment the class does for homework
- 21. Clean the teacher's desk
- 22. Cup of hot chocolate
- 23. Decorate the class door
- 24. Designing theme for school dance, ice cream social, game night
- 25. Dress as the school mascot during a game
- 26. Earn a picnic for your class- might be indoors if weather is bad
- 27. Earning the chance to be the water/towel person at a sporting event
- 28. Earning the chance to do stagecraft for any school performance (lights, stage design, props)
- 29. Earning the chance to scoreboard assist at a game
- 30. Eat lunch in the Classroom
- 31. Eat snack in the classroom
- 32. Eating lunch with a preferred adult
- 33. Facebook Status Updates on the Classroom Door
- 34. Free 1 point gotcha for everyone in the class
- 35. Free entrance to a dance

36. Free entrance to a football, basketball, etc. game
37. Free library pass to research a topic of interest
38. Free pass on doing only half an assignment instead of whole assignment
39. Get a balloon attached to your desk
40. Get a banner at your desk
41. Get a book dedicated to you in the library
42. Get a special school supply from the teacher's closet
43. Get to be first in the lunch line
44. Get to be the assistant custodian for 30 minutes
45. Get to be the assistant in the family living class
46. Get to be the assistant in the shop class
47. Get to be the assistant librarian for 30 minutes
48. Get to be the assistant principal for 30 minutes
49. Get to be the Music teacher's helper for 30 minutes
50. Get to be the PE teacher's helper for 30 minutes
51. Get to be the secretary's helper for 30 minutes
52. Get to be the teacher's helper for the hour
53. Get to choose the brain break activity
54. Get to dance with the class
55. Get to do a magic trick for the class
56. Get to draw on the whiteboard and be the teacher's secretary
57. Get to eat lunch with a different class
58. Get to eat lunch with the custodian
59. Get to eat lunch with the principal
60. Get to eat lunch with the teacher
61. Get to go help another teacher for one hour
62. Get to go help in a younger class
63. Get to have everyone write a positive sentence about you in a booklet
64. Get to help design a bulletin board and put it together
65. Get to invite three friends to eat lunch with you in the classroom
66. Get to perform a science experiment for the class
67. Get to play Angry Birds on class i-Pad
68. Get to put together a puzzle in the back of the room

69. Get to read a comic book during DEAR time (Drop Everything and Read)
70. Get to read morning announcements over the Public Address System
71. Get to sing karaoke in the class
72. Get to sit in the class beanbag
73. Get to sit in the class rocking chair
74. Get to sit in the special chair during reading time
75. Get to sit on the floor to do your work- using teacher's pillow
76. Get to skip one test question
77. Get to take off your shoes for the day
78. Get to teach one portion of the class for the day
79. Get to tell one preapproved joke to the class
80. Get to text message your parents about a great behavior
81. Get to use the teacher's cell phone to call home about your great behavior
82. Get to use the teacher's computer to send an email to someone about your great behavior
83. Get to visit another classroom for one lesson of the day
84. Get to visit the principal for a prize (pencil)
85. Get to wear ear buds for one hour and listen to music
86. Get to write the morning positive message
87. Get your name read over the morning announcements proclaiming your good behavior
88. Get your picture in the school newspaper
89. Get your picture on the school website
90. Getting a postcard in the mail telling parents what teachers admire most about their child
91. Getting to apprentice at one of the business partners with the school (grocery store, bank, etc. ) on the weekend.
92. Getting to buzz cut a design in the principal's hair (custodian's hair)
93. Getting to cut the principal's tie off (use loop to frame student's face on a bulletin board of fame)
94. Getting to duct tape the principal to the wall
95. Getting to scoop food at the cafeteria for a lunch period (social opportunity)
96. Getting to shoot a video about the school's expectations to show on CC TV
97. Gum in the classroom

98. Hall pass to leave class 5 minutes early and go by the coldest water fountain
99. Hat day tomorrow
100. Have the teacher help you clean your locker
101. Help from an adult of choice on a class they are struggling with (Free tutoring)
102. Homework free night
103. Invite a parent, grandparent to eat lunch with you
104. Learning how to do something of interest on the computer (animation, graphics, CAD)
105. Learning how to play chess
106. Learning how to play sports even if they didn't make the team
107. Learning how to run the light board or sound booth for a school performance
108. Let student make a bulletin board in the front hall highlighting an event of choice
109. Make the morning announcements
110. Move desk for the day
111. Music in the classroom
112. New Pen for everyone
113. New pencil for everyone
114. No homework today
115. Office aid for a period
116. Opportunity to be part of a brainstorming adult team at the school
117. Opportunity to eat lunch outdoors at a special table
118. Opportunity to eat lunch with a parent or grandparent at a special table
119. Opportunity to introduce the players over the PA during a home game
120. Opportunity to shadow business owner for a day- credit for writing about the experience
121. Opportunity to shadow the principal for an hour or the day
122. Opportunity to take care of lab animals in Science class
123. Opportunity to wear jeans instead of school uniform for a day
124. Popcorn for the class
125. Principal dresses up in a funny costume for the day

126. Principal grills hotdogs for students who have 0 tardies in the month & this student helps
127. Privilege of leaving book in class overnight instead of having to lug to locker
128. Privilege of seeing embarrassing photo of adult that no one else sees (Senior Portrait)
129. Put your feet on your desk during DEAR time (Drop Everything and Read)
130. Receive donated community gifts or coupons
131. Request what teachers sing or act out what song during lunch for the whole lunch period to see
132. Reserved seating at a school play for student and five friends
133. Root beer float with the principal
134. Send home a postcard about positive things the student has done this week
135. Serve as a student ambassador if visitors come to the school
136. Serving as a "page" for a local politician for the day
137. Serving as a door greeter for a parent night at school with a badge of honor to wear
138. Sharpen pencils for the whole class
139. Shoot baskets at the trash can with foam balls
140. Singing karaoke during lunch (approved songs)
141. Sit anywhere in the room today
142. Sit at score table in basketball game
143. Sit at the teacher's desk using his or her chair
144. Sit in score box at a football game
145. Sitting in the teacher's chair for the period
146. SMARTboard game for everyone
147. Special parking preference for a day
148. Special recognition at any school event- Guest DJ one song at dance etc.
149. Special seating at lunch table with friends
150. Student gets to pick which problem the teacher will make a freebie answer on homework
151. Student plans spirit week activity for one of the days (hat day, sunglasses etc. )

152. Teacher aid for special needs classroom
153. Teacher does all the homework
154. Teacher dresses up in a funny costume for the day
155. Teaching special needs student how to play a game

## Free or Inexpensive Rewards for Adults in the Building

1. Adult gets to pick what the topic for a faculty meeting is going to be
2. Adult gets to rent the principal's chair for the day
3. Ask PTO to do a pot luck- put a ladle in the teacher's boxes and message like this- "You've been dishing the learning. Since we have to stay late tonight for the meetings, we'd like to dish some treats your way. Meet us in the lounge for a delicious treat.
4. At Family Math Night all the adults are highlighted in a video montage
5. Bouncy Castle Moon Walk Bounce for the Adults- You've got to act like a kid again
6. Bulletin board highlighting staff of the day showing treasures provided by their family (surprise) If you have about 90 staff members one every other day would work
7. Dim the lights in the staff lounge and get a volunteer masseuse to come provide 5 minute neck rubs during planning periods- Play restful music
8. Dollar Store Humming Bird Feeder- "You make this school hum because.... "
9. Dollar Store Kneeling Pad- "Thank you for planting the seeds of knowledge"
10. Dollar Store- Oriental Trading Company- Cardboard coasters- make great clipboards for writing gotchas in the hallways- easy to have with you- coaster and a binder and you have an instant clipboard.
11. Donut day- These donuts are in honor of Peggy's contribution to the PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION)
12. Draw a staff member's name, and watch them all day and then report on what great deeds they did over the intercom that afternoon for all to hear. (Report good news)
13. During morning announcements highlight something that an adult in the building did and tell why
14. Duty free lunch period
15. Find a beauty school and get someone to volunteer to come in and do 5 minute manicures

16. Flowers on the desk from someone's garden (with permission)
17. Get a donation of a shopping cart to keep at the school for adults bringing in huge loads of supplies
18. Golden plunger award from custodian for classroom that was the cleanest
19. Golden spatula award from cafeteria staff for most polite class of the week
20. GOOSE- Get Out Of School Early- No staying for the 30 after
21. Have the principal make up a rap song about being cool in school and perform it on the CCTV for the school- Staff of the Day get to be background dancers
22. Limo ride to school and home for staff of the day- This sounds weird but funeral parlors will sometimes provide this service for free if they aren't using the cars that day- Don't Tell rule applies
23. Melted crayon hearts- " You color my world because.... . "
24. Mini-fridge for a week in the adults' office area filled with his or her favorite drink
25. Once a month host an ice cream social with a "sister"- "brother" school. Alternate schools each month and let teachers tour getting ideas from each other on lesson plans, bulletin boards, etc. I Spy something great I'd like to duplicate
26. Permission to leave the building at lunch time for lunch off campus
27. Plan a big faculty meeting or inservice at someone's house - with a pool and a grill instead of sitting on the little dot seats in the cafeteria
28. Postcard sent home detailing something admired in the adult
29. Preferred parking space
30. Principal and staff member trade jobs for a day
31. Principal institutes a pineapple upside down day- Everyone comes in and is assigned a different job for half a day- Everyone has to have their job description or lesson plans written down step by step
32. Principal kidnaps a class after PE or recess and take them somewhere else. Send a messenger to the teacher telling him or her to put their feet up for 20 minutes. Teach a lesson to the class on something of interest to you- American History- Art etc.
33. Principal leaves love notes on adults' desks - not the 6:00 news kind- the kudos kind
34. Principal takes over morning or afternoon duty for an adult in the building
35. Principal writes lesson plans for teacher for one period

36. PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) designs 5 strokes for every poke lanyard for all adults in the building
37. PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) takes turns baking a casserole once a week for an adult "gotcha" receiver (it's their dinner that night)
38. Scrape ice off windshield of Staff of the Day's car
39. Sneak into the school over the weekend and write a note on each classroom white board telling them to "Have a Great Week"
40. Special table outdoors for teachers to enjoy sunshine during lunch
41. Stuart Smalley- Glitter Mirrors "You are good enough, You are strong enough and gosh darn it those kids need you."
42. Surprise an adult in the building by letting two or three students wash their car- be careful on this one though- There are also services that come on sight and wash cars for a fee- possibly PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) could sponsor
43. Treat bags- shovels with "I dig you because.... . "
44. Valet parking for a day
45. Ways to Pump up your Program with Balloons and Balloon Pump

#### Candy Bar Sayings:

1. Package of M&M's
  - a. Magnificent and Marvelous Staff member
  - b. Much and Many Thanks
  - c. Magical and Marvelous Teacher
2. Cotton Candy-
  - a. "You make the fluffy stuff around here because.... . "
3. Peanut M&M's
  - a. You are anything but plain
4. 100 Grand Candy Bar
  - a. You are worth a 100 Grand to us
  - b. We wouldn't trade you for a 100 Grand
5. Reese's Pieces
  - a. We love you to pieces

- b. We love how you helped keep us from falling to pieces
  - c. You were the piece we were missing
  - d. Thank you for teaching the kids the missing pieces this year
  - e. You are an important piece to our team
6. Milky Way:
- a. You are the best in the Milky Way
  - b. You are the brightest star in the Milky Way
  - c. Your smile brightens the Milky Way
7. DOTS:
- a. Thanks for helping us connect the dots
8. Mike and Ikes:
- a. Mike and Ike think you are special
9. Sweet-tarts
- a. Thank you for being such a sweet-tart
10. Smarties
- a. You are one of our smarties
11. Mints
- a. We mint to tell you how much we appreciate you
  - b. You are a breath of fresh air
12. Snickers
- a. You keep it together even when the kids want to make you snicker
  - b. Laugh and the whole world laughs with you
13. Lifesavers
- a. You are a lifesaver
14. Whoppers
- a. You go to great lengths to help the kids grow whoppers
  - b. You keep it together even when the kids tell whoppers
15. Three Musketeers
- a. All for one and one for all- We are glad you are part of our "tiers"
16. Extra Gum
- a. Thanks for going the extra mile
17. Bubble Gum
- a. You are so bubbly- you make our team so much fun

18. Almond Joy
  - a. It's a joy to have such a great nut on our team
19. Double-mint Gum
  - a. You double our pleasure
  - b. We doubled our fun when we chews you to be part of our team
20. Jolly Rancher
  - a. You're a jolly good member of this team
21. Tootsie Roll
  - a. Stop, Drop and Have a Tootsie Roll
22. Twix Bar
  - a. Twix you and me- I hope you have a great week
  - b. Merry Twixmas
23. Mounds
  - a. It's mounds of fun with you on our team
24. Gummy Bears
  - a. Have a BEARY great week
25. Rice Crispy Treats
  - a. Thanks for putting some snap, crackle and pop in our school
26. York Peppermint Patty-
  - a. "You were "mint" to be here because.... . "
27. Fanta pop-
  - a. "You're Fanta-stic because.... . "
28. Pepsi Maxx-
  - a. "We know you enjoy your job to the maxx because.... "
29. Hydrive energy drink-
  - a. "We know you give everyone an extra boost because.... "
30. Whoppers-
  - a. "You smile even when the kids tell whoppers"
31. Zero Candy Bar-
  - a. "Thank You for Letting Zero Fail.... "
32. Bit O'Honey-
  - a. "You are as Sweet as Honey"
33. Turtles-

- a. "You don't hide when the going gets tough"
34. Air Heads- (cover up the air)-
- a. Give out during planning meetings "Two Heads" are better than One.
35. Mamba Lemons-
- a. Join us in the gym as "Mamba" better known as Jim- dances the Samba for us. (Get Jim to dress up crazy and dance the samba to lighten the mood when things get crazy and give everybody some lemon drops.
36. Snickers-
- a. Give everyone a Snickers bar and ask them to tell a funny "kid" story from their classes.
37. Mountain Dew-
- a. "We love the way you just "dew" it.
38. Shockers-
- a. "Thanks for not letting the shockers send you flying"
39. Little plastic ice cream cones-
- a. put in staff boxes and invite them to the cafeteria with a saying like- "You've taken a licking this week- come have an ice cream cone and relax.
40. Twizzlers-
- a. Principal leaves on teacher's desk after observing- cover up the "T" and "lers" and say You were a "WIZZ" at teaching the kids- and then leave specific praise about what the teacher did well.
41. Good and Plenty-
- a. Pass out thesauruses and a message- We know the kids drive you nuts saying "Good and Plenty all the time- here's a class thesaurus.
42. Milky Way-
- a. "You are the best in the whole milky way because.... . "
43. Halls-
- a. During testing time (which is always when everyone has the sniffles)- pass out the halls cough drops and say "Thank you for keeping the Halls quiet"
44. Tootsie Rolls-

- a. "Stop, Drop, and Have a Tootsie Roll.
45. Runts-
- a. "You make this School Run (t)-(cover the t) like clock work.

Just some fun ideas:

1. Randomly put halos on kids who are doing kind things to themselves- like coming to school on time, having all their supplies etc.
2. Ringing a bell when they turn in their gotchas for the principal's drawing
3. Small Pringles can decorated to keep gotchas in for cash in copy
4. Clothesline with clothespins for each child to keep gotchas on for classroom containment of cash in copies
5. Giant fishnet to "catch" gotchas in for principal's drawing
6. Electronic tool for graphing student gotchas- free-free-free
  - a. <http://behaviordoctor.org/files/tools/Gotcha%20Tracking%20Sample.xls>
7. Giant fish net to hang pictures of students who got caught exhibiting excellent behavior
8. Basketball goal with basketballs with student names of students who were caught exhibiting excellent behavior
9. Golden book- students get to write their name in the golden book when they get a gotcha- feather pencil
10. Draw one secret student and watch them all day and report over the intercom at the end of the day all their great deeds.
  - a. This student could wear a cape or a special T-shirt the next day indicating they were the mystery student the day before or the mystery hero.
11. Mystery walker- teachers choose a mystery walker- someone who is earning extra recess or extra free answers for homework (older students) - someone who exhibits good behavior in the hallways- like a secret shopper is

- out in the hallways looking for a secret person to be exhibiting these behaviors and then tags them and tells a teacher.
12. Brownie Points - brownies on a cookie sheet- (paper ones) when it's full-class reward
  13. Feather in the principal's cap- hat that gets feathers added to it- as each class earns class of the day.
  14. Classroom doesn't monkey around award- monkey hanging on door of class with best behavior the day before.
  15. Knocked the principal's socks off- pair of principal's socks stuffed to look like feet- awarded to class with best behaviors
  16. This class was caught "Eggs"ibiting "Eggs"ellent Behavior (Giant Egg on the door)
  17. Weaving a class of good behavior (sink strainer with ribbons woven through it)
  18. Gumball machine (add sticker gumballs until the machine is full)
  19. This class never forgets elephant reward
  20. Royal Reward for best manners- crown awarded to class
  21. Florence Nightingale Reward for no absences- nurses' cap awarded to class
  22. Mystery Prize- Like reverse Hangman- students turn over letters to find out what the reward is
  23. Marbles in the jar- use flat marbles
  24. Whole school Bingo Board with Gotcha Drawings
  25. Smarty Pants- using the Milton Bradley Plastic pants game
  26. Line jumper- go to the head of the line
  27. Smarty Pants- using little kids pants
  28. Stinky Feet Award- Take off your shoes in class
  29. Go read to the principal Award
  30. Swip- Swap Desks with another student Award
  31. Cool Cat in the Hat Award- Get to Wear a Hat At School All Day
  32. Show and Tell Day-
  33. Use the teacher's special supplies
  34. Picnic Lunch- or Friend Lunch Award

35. Recognition Rock Star- Get yourself recognized in the school or class newsletter
36. Bring a stuffed animal from home award
37. Call Dibs on the Computer
38. Special Reading Corner Spaces- Cash in Gotchas for DEAR time
39. Facebook Status Updates on the Classroom Door
40. Get your picture in Dr. Riffel's Presentation ☺
41. Give Parents a jar of Popping Popcorn for Popping by
42. Give Watch Dog Dads a special parking place
43. Give Watch Dog Dads a special lunch table or special lunch
44. Give parents a special library with parent tips books and videos
45. Start a Mommy Mojo Group
46. Get Eagle Scouts to do big projects at your school
  - a. Outdoor Stage - kids love to perform
  - b. Walking trail
  - c. Fairy Ring
  - d. Irrigation System-
47. Get Communities and Families involved in your PBIS Projects
  - a. <http://behaviordoctor.org/files/powerpoints/SWPBS/commnfaminvolvementinpbis.ppt>
48. Use advertising to get what you need
49. Grants for educators:
  - a. [www.donorschoose.org](http://www.donorschoose.org)
  - b. Innovative classroom (April 15 deadline) <http://www.grantwrangler.com/GrantManager/templates/?a=563&z=0>
  - c. Kohl's Community Cares
  - d. Limeades for Learning
  - e. <http://www.freakyfreddies.com/teacher.htm>
  - f. [http://www.squidoo.com/free\\_stuff\\_for\\_teachers](http://www.squidoo.com/free_stuff_for_teachers)
  - g. <http://www.kalama.com/~zimba/freeforteachers.htm>
  - h. <http://freebies.about.com/cs/teacherfreebies/a/teacherfreebies.htm>
50. Stores that Love Teachers

- a. <http://www.bradsdeals.com/blog/2010/08/10/71-stores-offering-discounts-to-teachers/>
51. Dollar Store Frame with positive quotes written on the glass every day.
- a. Whether you think you can- or think you can't- You're Right (Henry Ford)
  - b. If you are feeling blue- trying painting yourself a different color
  - c. Life has no remote. Get up and change it yourself.
  - d. Those who are the happiest, never did have everything.
  - e. Everybody is a genius. But, if you judge a fish by it's ability to climb a tree, it will its whole life believing it is stupid. (Albert Einstein)
  - f. Things turn out best for those who make the best out of the way things turn out.
  - g. Today, I will be happier than a bird with French fry.
  - h. Never judge a book by its movie.
  - i. Whatever you are, be a good one.
  - j. "Believe that you will succeed, and you will. " Dale Carnegie
  - k. *Your beliefs don't make you a better person- your behavior does.*