

## Motivating the Whole School Using Contingencies and Reinforcements

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Ever wondered how to get everyone on board with behaving in class? Dr. Riffel has conducted over ten years of research asking students across the world the following question: “What would mean the world to you? What could an adult give you to let you know you had done a good job, and it can’t cost any money?” From this question she has generated lists of free reinforcements for students. Using this list found at: [www.behaviordoctor.org](http://www.behaviordoctor.org) – click on training- click on material download- click on reinforcement.

### *Five Languages of Appreciation in the Workplace (Chapman and White, 2012)*

Chapman and White (2012) found adult reinforcement breaks down into five categories. Using their information below. I broke all the answers I have received from students and looked to see if the categories are similar. Here are the adult categories found by Chapman and White:

- Words of affirmation
- Acts of service
- Physical touch
- Quality time
- Tangible gifts

Here are my categories for the students:

- Quality time with adults and peers
- Escape from a task or chore
- Earning special privileges
- Physical touch- like high fives or special handshakes
- Earning leadership roles
- Social praise
- Special assistance (help with a chore, task, etc.)



- Tangibles (school supplies- especially in areas where children cannot afford the fun school supplies. Things like mechanical pencils, cute pencils, fun notebooks, fun spirals etc.)

## **Are you Bill or Walter?**

### **Administrators:**

When you are talking to your staff and students, do you say things like “good job”? Good job means nothing. You have to give behavior specific praise. It should be like this: “Good job holding the door open for someone with their hands full. That is being respectful of others.”

- Yes, it takes more time to say this. However, you are not only complimenting the student or staff who exhibited excellent behavior, you are teaching everyone within earshot what it means to be respectful of others.

### **Educators**

When you are talking to your students and co-workers, do you say things like “good job”? The same goes- you have to give behavior specific praise to your students and to your co-workers. We don’t do enough of either. What gets measured gets done. You need to find a way to count the number of behavior specific praises you give to co-workers and students.

Reinforce your staff by involving your parent teacher organization or all the parents in your school. Here is a scenario:

You have 475 or more parents in your school and 76 or so staff members (ball park estimates here)- ask parents to send in a snickers candy bar- you’ll get enough to do the following activities each week- Ask the PTO to send out the requests- delegate the activities I’m about to promote.

- You can also use requests from:
  - [www.donorschoose.org](http://www.donorschoose.org)
  - <http://www.kohlscorporation.com/CommunityRelations/Community04.htm>
  - Walmart.com- request on letterhead



## Staff Reinforcements:

The following list is generated from “The Carrot Principle” by Adrian Gostick and Chester Elton but modified to work for the education setting:

1. When a new employee comes to the school (including substitutes), set expectations by planning a small celebration welcoming the new person. Make an intercom announcement welcoming the substitute and ask everyone to make them feel welcome.
2. Ask your employees what makes them tick. Ask each employee to list their values that guide their daily decisions. During conferences with individuals ask them to compare and contrast their values with the mission of the school.
3. Encourage employees to post their values in a conspicuous place in their respective rooms.
4. Have your UNIVERSAL OTISS BEHAVIOR team go online and post positive statements about each one of the staff members on the school website. Example: Meet John Jones. Loves waterskiing and horseback riding. We love the way Mr. Jones is always at the front door to greet the students.
5. Think about each employee’s strength and ask them to share that strength with others. This could be done through faculty meetings, one to one mentoring, etc. Make sure when the employee is asked to share, they are told why they were chosen. “What made them stand out as an exemplar in this area?”
6. Give each other affirmations. When someone says, “Oh my goodness, I don’t think I can handle another day of Johnny and Susie swinging from the chandelier.” Make sure the staff is ready to tell each other “You can do it.” “I know you can do it.” “I have faith in you.”
7. When employees have to work extra (PTO, Parent Teacher Conferences, etc.) provide a catered dinner.
8. Invite spouses and children to come up for the catered dinner on the nights staff needs to work late.
9. Surprise whole staff and take them on a group outing on a weekend- for example: 1) movie theater to see an uplifting movie, 2) breakfast at a restaurant, 3) BBQ at someone’s house or 4) pool party at someone’s house (preferably someone with a pool ☺ )
10. Poll your staff to find out what they would like to have training in and then have your UNIVERSAL OTISS BEHAVIOR team decide where some training opportunities exist and who should go to those trainings.
11. Gotchas work for school personnel, but only if everyone remembers. Put three silver dollars in your left pocket in the morning. As you compliment different adults in the building, move a silver dollar from your left pocket to your right pocket. At the end of the day, all three silver dollars should be in your right pocket. (You move from left to right to help you remember you are doing the “right” thing.)
12. Instead of criticizing an employee who has behaviors you would like to “target” for change, make a positive intervention. Express to the employee what needs to change and end with a statement affirming, “I have confidence in you that you can get this done.”



13. Surprise staff by greeting them at the door with a cup of hot coffee or diet coke (know what everyone's drink of choice is) Just say, "We are so glad you are here today."
14. Post goals in teachers' lounge and graph results. Example: Positive phone contacts home- shoot for 2 times the number of students in the school. Set the goal of 200% in 6 weeks. (graph phone calls, post cards, emails, notes)
15. Identify what each staff member does best and have an "Academy Awards" ceremony with statues for each person. Invite the parents to come to the award ceremony.
16. Call in an ice cream truck to come to the school the last day of criterion reference testing. Have the truck show up after all the students are gone and invite all the staff to come down and have an ice cream on the UNIVERSAL OTISS BEHAVIOR team. Tell them they are "Way Cool, the way they accomplished all the testing this week."
17. Have the entire staff fill out a sheet answering this question: 1) Name something about yourself that no one else would ever guess. Each morning read one clue and give everyone an answer sheet. Each day they are to guess who the mystery person is based on the clues read that morning. After all the clues have been read, invite the whole staff to a pizza party. Read the entire list of clues and have people guess aloud and then have the real mystery person confess their secret identity. Have a prize for the person who gets the most guesses correct.
18. Order business cards for each staff member  
(<http://www.vistaprint.com/frf?frf=691384697124> ) Pick a design that fits each person's personality. Vista Print has almost free deals on business cards.
19. Create an instruction manual based on skills developed or used by team members in the school. Beginning of the year tips from the experts. Take a picture of each staff member with their words of wisdom and print the book off for all staff. Give a copy to new staff members and substitute teachers. For example, "Mr. Green's recipe for cheering up students on a difficult day. Do a magic trick. Have two brown paper bags. Put a piece of fruit in one brown paper bag and staple it shut. Ask the students to guess what fruit is in the bag. Have little slips of paper and pretend to write the fruits that the students name on pieces of paper and drop them in the other brown paper bag. Now tell the students that you will be able to pull out the exact name of the fruit in the sealed bag. Reach in to the open paper bag and pull out a slip of paper and amazingly read the name of the fruit that is in the bag. Show the students that it indeed says "apple" (or whatever fruit). Then open the sealed brown paper bag and show the apple. The students will be amazed. What the students do not know is that you wrote "apple" on every piece of paper that you put in the open brown paper bag. Even though you pretended to struggle even to write the word rhubarb- you were really writing apple. It's a great mood breaker. " Put a picture of Mr. Green on this page. On the next page you might have Mrs. Brown's great math experiment. "Mrs. Brown asks her students to answer this question: Which would you rather have? A dollar a day for the next 30 days or a penny on day one, two pennies on day two, four pennies on day three, eight pennies on day four and so on for 30 days? The students guess and then Mrs. Brown shows them that pennies doubled each day for thirty days comes out to 10,737,418.23 dollars. It is great fun to watch their faces." Put Mrs. Brown's picture on this page.



20. Hire a celebrity impersonator to come to the school and visit classrooms. For example: Abraham Lincoln visits the school and comes in each classroom giving a small history lesson tying something special about the adults in each room to the history lesson. For example, "I was the only president to ever own a patent. I designed a special idea that helped boats float over sand bars. I was good at floating boats and Mrs. Blue has designed a special chair that lets students get their wiggles out."
21. Have the UNIVERSAL OTISS BEHAVIOR team read books that would be helpful for teachers and create "Cliff's Notes" on those books for the staff. Send it out in a weekly newsletter. Book idea: Marzano's "What Works in Schools."
22. Ask everyone to start a diary writing down 3 things that went well each day. Ask the staff to bring their diaries to faculty meetings. Reinforce staff for bringing the diaries and give out chocolate kisses to everyone who shares at least one thing from their diary.
23. Call each other by name especially in front of the students. "Good morning, Mrs. Turquoise." And Mrs. Turquoise says, "Good morning, Mr. Purple". Modeling appropriate greetings is very important for the students and using names with each other shows respect for individuals.
24. Ask an office supply store to consider donating their clearance items to the school and have a "store" for all the staff members to come in and "purchase" office supplies with gotchas they received from each other.
25. Give out thank you cards to all staff members and ask them to write one a week to someone on the staff. Ask them to write to different people each week.
26. Bring in a masseuse and a massage chair and provide free massages during planning periods. Darken the staff lounge, play classical music and burn candles (if the fire marshal approves). Do this during one of the more difficult months for student behavior. (October, December, March, April, May).
27. Each day have the entire UNIVERSAL OTISS BEHAVIOR team spend ten minutes looking for someone doing something that furthers the goals of the UNIVERSAL OTISS BEHAVIOR plan of action. Give out special gotchas good for leaving school 10 minutes early on a day of choice.
28. Supply a box of birthday cards to each staff member. On birthdays, encourage each staff member to fill out a birthday card and do a drive-by carding by hiding birthday cards all over the person's area throughout the day. For example, the birthday person might find a card taped to the staff restroom mirror, or on the coffee pot and so on.
29. Purchase small plants for each staff member and place on their desk. Leave a note saying, "I know you'll nurture this plant to full beauty because of the way you nurture children."
30. Take a survey of the staff on their favorite magazines. Purchase some subscriptions to put out in the staff lounge.
31. If a staff member has a problem, find out about it and figure out a way to help them. For example, if a staff member's child is struggling in Algebra find another staff member who is willing to tutor that member's child in exchange for something they need- like their car washed.
32. Do a staff survey and find out everyone's favorite snack. Stock the staff lounge with snacks one day a week. The PTO could help furnish the snacks.



33. Make it a point to give one hand written note a day to someone who has done something exceptionally well.
34. At the beginning of the year, have staff fill out a questionnaire on spouse and children's birthdays. Send birthday cards from the school to spouses and children. Recognizing that staff members have lives outside the school is very important.
35. Take an old real estate sign and paint it with white enamel paint or chalkboard paint. Each day when the staff are pulling into the parking lot let them see the UNIVERSAL OTISS BEHAVIOR team has written a special thank you to one staff member for something outstanding each day. "Mrs. Orange, we love the way you handled the bullying situation yesterday." "Way to Go."
36. Order enough flowers for each staff member to get one and stand at the door as each person enters and tell them you appreciate the way they help children "bloom" in this building.
37. Organize a lunchtime game that everyone can watch. For example, set up a jeopardy game, who wants to be a millionaire etc. in the staff lounge and challenge two contestants during lunch to play while others watch.
38. Hire the high school choir to change the words to a popular song and serenade the staff with a kudos song some morning.
39. Get a parent volunteer to be at the door in the morning dressed in a tuxedo. Have them speak in a British accent and greet each staff member as they enter the building. They could say something like, "We've been anticipating your arrival Mrs. Yellow."
40. Survey the staff and find out what their least favorite part of the job is. Throughout the year, have the UNIVERSAL OTISS BEHAVIOR committee do one disliked job for each person. For example, Mrs. Green might dislike bus duty. The UNIVERSAL OTISS BEHAVIOR team might take Mrs. Green's bus duty some Friday and let Mrs. Green go home early.
41. Give out the Depends Award during staff meeting. Take a pair of Depends <sup>TM</sup> Undergarments and spray paint them gold. Give out the Depends Award to the most dependable person each week. This is an award they can keep until It is passed on to the next person. Be specific about how each person is dependable.
42. Highlight staff strengths in the parent newsletter. Let the parents know the strengths of each staff member throughout the year.
43. Ask the cafeteria staff to bake some special cookies. After a particularly difficult day, invite all the staff to come down for cookies in the cafeteria. Have the UNIVERSAL OTISS BEHAVIOR team set up ready to entertain. The UNIVERSAL OTISS BEHAVIOR team might be dressed as Alvin and the Chipmunks and lip sync the Alvin and the Chipmunks song. Another idea is to have the UNIVERSAL OTISS BEHAVIOR team put on lipstick and paint eyeballs and a nose on their chins. Then lay across a table with heads hanging backwards with stocking caps over their hair, face, and nose. Then lip sync to a silly song like "We are Family."
44. Ask parents to send in praise via email. At the end of the day, do a David Letterman's mail bag and read the kudos that came in via email about staff members. Give kudos to the parent who shared by sending a hand written note. It won't take long for word to spread that compliments are appreciated.



45. Name the conference room after an employee each week. Base the choice on someone who has received a lot of gotchas that week. Make a sign for the door and make sure to call people down to the Violet Conference Room.
46. Pass out grape juice in plastic goblets at the next staff meeting and toast each other. Keep going until everyone has received a toast.
47. Make a deal with the staff. "If we have 100% attendance for the Criterion Reference Testing then the UNIVERSAL OTISS BEHAVIOR staff will wash everyone's car on a non-rainy day."
48. Invite staff members to the next board meeting and stand up and compliment their achievement to the board.
49. Go around a local mall and ask the store owners to donate items to celebrate great education staff members. If the UNIVERSAL OTISS BEHAVIOR team splits up the mall, they can collect a huge bevy of items for give away items for the adults. Use these as prizes for recognizing everyone's contributions to the greater cause.
50. Surprise the staff with a scavenger hunt all over the school. As each person enters the building have them see a sign that says "Immediately check your box." In their boxes have a candy bar that says, "Your next clue is awaiting you at the coldest water fountain in the school." When the staff members get to the coldest water fountain, one of the UNIVERSAL OTISS BEHAVIOR team members will be waiting with a bottle of water that has the next clue taped on it. This will go on and end up in the cafeteria where the team meets up again and has a breakfast ready for all the staff members.

**These are my ideas:**

**Free or Inexpensive Reinforcements for Adults in the Building**

1. Adult gets to pick what the topic for a faculty meeting is going to be
2. Adult gets to rent the principal's chair for the day
3. Ask PTO to do a pot luck- put a ladle in the teacher's boxes and message like this- "You've been dishing the learning. Since we have to stay late tonight for the meetings, we'd like to dish some treats your way. Meet us in the lounge for a delicious treat.
4. At Family Math Night all the adults are highlighted in a video montage
5. Bouncy Castle Moon Walk Bounce for the Adults- You've got to act like a kid again
6. Bulletin board highlighting staff of the day showing treasures provided by their family (surprise) If you have about 90 staff members one every other day would work
7. Dim the lights in the staff lounge and get a volunteer masseuse to come provide 5 minute neck rubs during planning periods- Play restful music
8. Dollar Store Humming Bird Feeder- "You make this school hum because.... "
9. Dollar Store Kneeling Pad- "Thank you for planting the seeds of knowledge"



10. Dollar Store- Oriental Trading Company- Cardboard coasters- make great clipboards for writing gotchas in the hallways- easy to have with you- coaster and a binder and you have an instant clipboard.
11. Donut day- These donuts are in honor of Peggy's contribution to the PTO  
(PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION)
12. Draw a staff member's name, and watch them all day and then report on what great deeds they did over the intercom that afternoon for all to hear. (Report good news)
13. During morning announcements highlight something that an adult in the building did and tell why
14. Duty free lunch period
15. Find a beauty school and get someone to volunteer to come in and do 5 minute manicures
16. Flowers on the desk from someone's garden (with permission)
17. Get a donation of a shopping cart to keep at the school for adults bringing in huge loads of supplies
18. Golden plunger award from custodian for classroom that was the cleanest
19. Golden spatula award from cafeteria staff for most polite class of the week
20. GOOSE- Get Out Of School Early- No staying for the 30 after
21. Have the principal make up a rap song about being cool in school and perform it on the CCTV for the school- Staff of the Day get to be background dancers
22. Limo ride to school and home for staff of the day- This sounds weird but funeral parlors will sometimes provide this service for free if they aren't using the cars that day- Don't Tell rule applies
23. Melted crayon hearts- " You color my world because.... . "
24. Mini-fridge for a week in the adults' office area filled with his or her favorite drink
25. Once a month host an ice cream social with a "sister"- "brother" school. Alternate schools each month and let teachers tour getting ideas from each other on lesson plans, bulletin boards, etc. I Spy something great I'd like to duplicate
26. Permission to leave the building at lunch time for lunch off campus
27. Plan a big faculty meeting or inservice at someone's house – with a pool and a grill instead of sitting on the little dot seats in the cafeteria
28. Postcard sent home detailing something admired in the adult
29. Preferred parking space
30. Principal and staff member trade jobs for a day
31. Principal institutes a pineapple upside down day- Everyone comes in and is assigned a different job for half a day- Everyone has to have their job description or lesson plans written down step by step



32. Principal kidnaps a class after PE or recess and take them somewhere else. Send a messenger to the teacher telling him or her to put their feet up for 20 minutes. Teach a lesson to the class on something of interest to you- American History- Art etc.
33. Principal leaves love notes on adults' desks – not the 6:00 news kind- the kudos kind
34. Principal takes over morning or afternoon duty for an adult in the building
35. Principal writes lesson plans for teacher for one period
36. PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) designs 5 strokes for every poke lanyard for all adults in the building
37. PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) takes turns baking a casserole once a week for an adult  
 “gotcha” receiver (it’s their dinner that night)
38. Scrape ice off windshield of Staff of the Day’s car
39. Sneak into the school over the weekend and write a note on each classroom white board telling them to “Have a Great Week”
40. Special table outdoors for teachers to enjoy sunshine during lunch
41. Stuart Smalley- Glitter Mirrors “You are good enough, You are strong enough and gosh darn it those kids need you.”
42. Surprise an adult in the building by letting two or three students wash their car- be careful on this one though- There are also services that come on sight and wash cars for a fee- possibly PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) could sponsor
43. Treat bags- shovels with “I dig you because.... . ”
44. Valet parking for a day
45. Ways to Pump up your Program with Balloons and Balloon Pump

Candy Bar Sayings:

1. Package of M&M’s
  - a. Magnificent and Marvelous Staff member
  - b. Much and Many Thanks
  - c. Magical and Marvelous Teacher
2. Cotton Candy-
  - a. “You make the fluffy stuff around here because.... . ”
3. Peanut M&M’s
  - a. You are anything but plain
4. 100 Grand Candy Bar



- a. You are worth a 100 Grand to us
  - b. We wouldn't trade you for a 100 Grand
5. Reese's Pieces
- a. We love you to pieces
  - b. We love how you helped keep us from falling to pieces
  - c. You were the piece we were missing
  - d. Thank you for teaching the kids the missing pieces this year
  - e. You are an important piece to our team
6. Milky Way:
- a. You are the best in the Milky Way
  - b. You are the brightest star in the Milky Way
  - c. Your smile brightens the Milky Way
7. DOTS:
- a. Thanks for helping us connect the dots
8. Mike and Ikes:
- a. Mike and Ike think you are special
9. Sweet-tarts
- a. Thank you for being such a sweet-tart
10. Smarties
- a. You are one of our smarties
11. Mints
- a. We mint to tell you how much we appreciate you
  - b. You are a breath of fresh air
12. Snickers
- a. You keep it together even when the kids want to make you snicker
  - b. Laugh and the whole world laughs with you
13. Lifesavers
- a. You are a lifesaver
14. Whoppers
- a. You go to great lengths to help the kids grow whoppers
  - b. You keep it together even when the kids tell whoppers
15. Three Musketeers
- a. All for one and one for all- We are glad you are part of our "tiers"
16. Extra Gum
- a. Thanks for going the extra mile
17. Bubble Gum



- a. You are so bubbly- you make our team so much fun
- 18. Almond Joy
  - a. It's a joy to have such a great nut on our team
- 19. Double-mint Gum
  - a. You double our pleasure
  - b. We doubled our fun when we chews you to be part of our team
- 20. Jolly Rancher
  - a. You're a jolly good member of this team
- 21. Tootsie Roll
  - a. Stop, Drop and Have a Tootsie Roll
- 22. Twix Bar
  - a. Twix you and me- I hope you have a great week
  - b. Merry Twixmas
- 23. Mounds
  - a. It's mounds of fun with you on our team
- 24. Gummy Bears
  - a. Have a BEARY great week
- 25. Rice Crispy Treats
  - a. Thanks for putting some snap, crackle and pop in our school
- 26. York Peppermint Patty-
  - a. "You were "mint" to be here because.... . "
- 27. Fanta pop-
  - a. "You're Fanta-stic because.... . "
- 28. Pepsi Maxx-
  - a. "We know you enjoy your job to the maxx because.... "
- 29. Hydrive energy drink-
  - a. "We know you give everyone an extra boost because.... "
- 30. Whoppers-
  - a. "You smile even when the kids tell whoppers"
- 31. Zero Candy Bar-
  - a. "Thank You for Letting Zero Fail.... "
- 32. Bit O'Honey-



- a. "You are as Sweet as Honey"
- 33. Turtles-
  - a. "You don't hide when the going gets tough"
- 34. Air Heads- (cover up the air)-
  - a. Give out during planning meetings "Two Heads" are better than One.
- 35. Mamba Lemons-
  - a. Join us in the gym as "Mamba" better known as Jim- dances the Samba for us.  
(Get Jim to dress up crazy and dance the samba to lighten the mood when things get crazy and give everybody some lemon drops.
- 36. Snickers-
  - a. Give everyone a Snickers bar and ask them to tell a funny "kid" story from their classes.
- 37. Mountain Dew-
  - a. "We love the way you just "dew" it.
- 38. Shockers-
  - a. "Thanks for not letting the shockers send you flying"
- 39. Little plastic ice cream cones-
  - a. put in staff boxes and invite them to the cafeteria with a saying like- "You've taken a licking this week- come have an ice cream cone and relax.
- 40. Twizzlers-
  - a. Principal leaves on teacher's desk after observing- cover up the "T" and "lers" and say You were a "WIZZ" at teaching the kids- and then leave specific praise about what the teacher did well.
- 41. Good and Plenty-
  - a. Pass out thesauruses and a message- We know the kids drive you nuts saying "Good and Plenty all the time- here's a class thesaurus.
- 42. Milky Way-
  - a. "You are the best in the whole milky way because.... . "
- 43. Halls-
  - a. During testing time (which is always when everyone has the sniffles)- pass out the halls cough drops and say "Thank you for keeping the Halls quiet"
- 44. Tootsie Rolls-
  - a. "Stop, Drop, and Have a Tootsie Roll.



#### 45. Runts-

- a. "You make this School Run (t)-(cover the t) like clock work.

Just fun idea:

Dollar Store Frame with positive quotes written on the glass every day.

- a. Whether you think you can- or think you can't- You're Right (Henry Ford)
- b. If you are feeling blue- trying painting yourself a different color
- c. Life has no remote. Get up and change it yourself.
- d. Those who are the happiest, never did have everything.
- e. Everybody is a genius. But, if you judge a fish by its ability to climb a tree, it will its whole life believing it is stupid. (Albert Einstein)
- f. Things turn out best for those who make the best out of the way things turn out.
- g. Today, I will be happier than a bird with French fry.
- h. Never judge a book by its movie.
- i. Whatever you are, be a good one.
- j. "Believe that you will succeed, and you will. " *Dale Carnegie*
- k. *Your beliefs don't make you a better person- your behavior does.*

### Parents

Make sure you have your "gotchas" in triplicate. The top copy goes to parents. Train your parents what to do when their child comes home with a gotcha.

- Brag- make a big deal- put it on the fridge
- Ask them what they did to earn the gotcha
- Ask them what "being respectful" etc. would look like at home (help them generalize)

### Free or Inexpensive Reinforcements for Parents to Give to Students for Good Behavior at School

#### Young Children

1. Assist the parent with a household chore
2. Send an email to a relative telling them what a good job they had done on a project at school. In other words, email Aunt Linda and tell her about the "A" you got on your spelling test.
3. Get to decorate paper placemats for the dining room table for dinner that evening
4. Get to choose what is fixed for dinner that night- example: "You get to choose, I can make tacos or meatloaf. Which do you want me to fix?"



5. Get to help parent fix dinner- shell peas, peel potatoes, make art out of vegetables, make ants on a log etc.
6. Get to be the first person to share 3 stars and a wish at the dinner table (3 good things that happened that day and one thing they wish had gone better.  
)
7. Get to create a family night activity- roller skating, hiking in the park, picnic dinner on the living room floor or under the dining room table with blankets over the top.
8. Camp out in the backyard with a parent.
9. Get a car ride to or from school instead of the bus
10. Get to have a picture framed for mom or dad's office
11. Get to choose the game the family plays together that night
12. Get to choose the story the family reads out loud together (read the classics)
13. Get to go with a parent to volunteer at a retirement home (the children will get tons of attention)
14. Get to gather old toys and take to a shelter for children who have nothing
15. Get to ask friends to bring dog and cat food to their birthday party instead of toys that will break. Take the food to a shelter the day after as a Reinforcement. They will get a ton of attention from the staff.
16. Bury treasures in a sandbox for the child to find. Put letters in plastic Easter eggs and they have to put the letters together that spell treat the child will receive. (ideas: a walk with grandma, bike riding at the park, etc.  
)
17. Make special mud pies in the backyard with mom or dad or have a family contest to see who can make the best mud pie.
18. Dig shapes in the sandbox and then decorate with items found around the house. Pour inexpensive plaster of paris into the shape and wait to dry. When it's pulled out it will be a sandy relief that can be hung on the wall (if you remember to put a paper clip in the plaster of paris on the top before it dries □)
19. Get to go shopping with a parent as an only child. Give them a special task to look for something that you are seeking. For example: "Here's a picture of a blue blouse that I'm trying to find. Help me look for something that looks like this. "
20. Take all the kids to grandma and grandpa's except one and let that child stay home with mom and dad and be "only child" for the weekend. The other kids will get spoiled with lots of attention by grandma and grandpa and the "only child" will get lots of attention from mom and dad. (If you don't have grandma and grandpa nearby- trade with another family taking turns to keep each other's children. )
21. Download a fun recipe and let your child help you make that recipe as a surprise for the rest of the family that evening. (put up signs that say "Secret Cooking in Progress". Must have special pass to enter the kitchen.
22. Surprise your child with a scavenger hunt around the house. If they read, give them written clues hinting as to where the next card is hiding. At the end have them find a note that tells them their big prize. (If your child can't read, you can use pictures. )



23. Make a story on the computer with your child using Microsoft's PowerPoint program. Let your child be the star of the story.
24. Let your child take the digital camera out in the back yard and then come back in and turn those pictures into a story on the computer. Help them print off their book for a distant family member.
25. Go outside and collect cool leaves and flowers. Come inside and put those leaves and flowers between two sheets of wax paper. The parent will iron these two sheets together and create placemats for everyone in the family for the evening.
26. Start a family story at the dinner table and each person in the family has to tell a part of the story. The child being reinforced gets to start and end the story.
27. Let your child earn 5 minutes of either staying up later or sleeping in in the morning. Use that time to read together if they stay up later.
28. Play secretary and let your child dictate a story to you. Type up the story and send it out to some relatives who will call them and tell them how much they liked the story.
29. Write a story for your child where the child or their personal hero is a character in the story.
30. Change the screen saver on your computer to say "My child is the greatest. " ...or something that would make them feel good about themselves. Do this at your office and then take a picture of it or take your child to your office on the weekend and let them see it.
31. Let your child help you do the laundry and then pay them with a special dessert for dinner. Be sure to say, "Since you helped me save time by helping me fold the laundry, I have time to make this special dessert for dinner. "
32. Help your child organize their room giving them a mnemonic to help them remember where things go- for instance teach them the color order of the rainbow and then teach them to hang up their clothes in color groups matching the order of the rainbow (ROYGBIV). Later on when you catch them hanging up their clothes in the correct place draw a "rainbow" award for their good work and put it on their door as a surprise when they come home.
33. Have the bedroom fairy come while they are at school and choose the bedroom that is the neatest. Hang a fairy from the doorway of the room that is the neatest and that person gets to sit in "Dad's chair" to read that night. (or something that would be appropriate at your house).
34. Mystery grab bag. Take an old pillow case and put slips of paper inside listing some of the prizes on this page and let the child draw out the prize they are going to get for their behavior Reinforcement.
35. Let your child dictate where you drive on the way home from a location. In other words, they have to tell you turn left here...turn right here. If they happen to steer you into a Baskin Robbins Ice Cream Parlor, it wouldn't be a horrible thing to stop and have a family treat together.
36. Give your child a special piece of jewelry that belongs to you to keep and wear for the day. (Nothing that costs a lot of money- but something that looks like it is special to you. ) The child will feel special all day long.
37. Take your children to the library one at a time and give them special one on one time at the library checking out books or listening to stories.



38. Sign your child up for acting lessons (they have to have earned this privilege). Many universities offer free acting classes on the weekend for children.
39. Take your child to an art gallery and then have them draw a picture of their favorite painting or statue. Possibly stage a mini art gallery tour of the child's work for relatives who are coming to visit. Serve cheese and grape juice.
40. Take your child to the university astronomy lab. (It is usually free). Help them place stars on the ceiling of their room in their favorite constellation. If possible they could paint the stars with "glow in the dark" paint.
41. Take your child on a nature walk and collect rocks. Bring the rocks back home and have a contest painting the rocks to look like animals.
42. Have your child collect some toys they have outgrown. Clean up the toys and take them to a local hospital children's ward and donate the toys to the ward. The child will get lots of attention and feel good.
43. Go to your local appliance store and ask them to save a refrigerator box for you. The next time your child earns a Reinforcement, give them the box and help them plan and decorate the box to turn it into anything their imagination desires.
44. Make Papier-mâché Halloween masks by taking punch ball balloons and spreading the paper strips over the balloon shape. Make noses, horns, tongues whatever they desire and then paint when dry. You will have a unique and free Halloween costume and you will have given your child tons of attention.
45. Find an old fashioned popcorn popper (not an air popper). Spread an old sheet out on the living room floor, put a little oil in the popper and then have your children sit outside the perimeter of the sheet. Put a few kernels of popcorn in the popper and watch them fly up in the air. The kids will love watching this. For a special treat pour cinnamon sugar on the popcorn after it pops.
46. Find some light balsa wood and create a boat powered by a rubber band and paper clip paddle wheel. Make a unique sail and take the boat to a creek or lake nearby and help your child launch their boat. Be sure to take a butterfly net to retrieve the boat when it goes downstream. (Proactively, you could put an eye hook on the front of the boat and attach some fishing line to it so it can be brought back to shore.
47. Take your child fishing. It's a great place to have some really in depth conversations.
48. Take your child for a ride looking for items that start with each letter of the alphabet. Take the child's picture in front of each item that starts with that letter and then put it together as an ABC Book. For example: "This is Johnny in front of Applebees. " "This is Johnny in front of BlockBuster. " And so on....
49. Check with your local humane society and see if they allow children under 18 to volunteer to feed and water the animals. (Some shelters only allow adults over 18). Let your child earn the privilege of going to the shelter to feed and water the animals. Perhaps they can walk a small dog or pet a cat.
50. Take your child to the local fire department. As long as they are not busy, they will be glad to show the child around and give them some great attention. Most children have seen a fire truck, but few have actually gone to the fire department to see what it looks like.



51. Play the “Gatekeeper Game” with your child. A description of this game is available on [www. behaviordocor. org](http://www.behaviordocor.org) (under books- Stork Manual page 60. )
52. Tell your children you have a surprise performance for them. Get a stocking cap and lay on a sturdy table with your head hanging chin up in the air. Cover all of your face with the stocking cap except your chin and mouth. Draw two eyeballs on your chin and then lip sync to a silly song. It looks really funny, like a little headed person with a big mouth singing. Then let your child put on a performance for you.
53. Play hide and go seek in your house in the dark. Turn out all the lights and have everyone hide. One person is “it” and they have to go around the house and find the people who are hiding. It’s really a great way to help your children not be afraid of the dark. You can limit it to one or two rooms if your children are young.
54. Ask your children if they’d rather have a dollar a day for thirty days or a penny a day that doubles each day for 30 days. In other words on day one 1 cent, day two 2 more cents, day three 4 cents and so on. Once they decide then help them figure out which one would have been the better deal. \$10,737,418. 23 at the end of 30 days with the double the pennies per day.
55. Give your child a nice piece of manila paper and some wax crayons. Have them color a design on every inch of the paper- could be stripes or wavy lines- whatever they desire. Then have them cover the entire page with black crayon. They color over the entire page. Then give them a paper clip and have them open one end and scratch a cool design into the black crayon. The colors underneath will show through. Do an art gallery tour and have tea and cookies after looking at the different pictures.
56. Teach your child how to throw a football, shoot a basket, kick a field goal, hit a baseball, putt a golf ball. Then for fun, switch hands and try to do all of those things with the opposite side of the body.
57. Find an old croquet set- probably on Ebay. Set up croquet in your yard and challenge your child to a game of croquet. The winning child gets to choose what the family eats for dinner.
58. Turn your dining room table into a cave by covering it with blankets, quilts and sheets that cover the top and sides down to the floor. Lay inside the cave and draw picture by flashlight to hang on the wall of the cave- just like the caveman drawings. You can safety pin the pictures to the “cave walls”.
59. Have a talent night for the family. Have everyone keep it a secret what they are doing and then perform for each other.
60. Teach your child how to darn a sock and then turn it into a magical sock puppet. Put on puppet shows for each other.
61. Take a tension curtain rod and put it in the door frame with some old curtains attached. Let your child put on a talent show for you as they enter through the curtain.
62. Attach cork panels to a wall in the kitchen or put in a large picture frame and put a special piece of art, poetry, or an exceptional paper on the board and have the entire family view and comment at dinner on the highlighted piece.
63. Let your child design thank you cards, birthday cards, or holiday cards and use them to send to friends and relatives. Make sure they sign their work.



64. Buy your child an inexpensive digital camera and have them take pictures and then gather the family with popcorn and watch the video on your television by hooking the camera to the television or upload to the computer and attach the computer to the television. Have everyone choose a favorite photo and talk about it.
65. Have a date night with your child as an only child. Take your child out to dinner and a play or a movie.

#### Teenagers

1. A gallon of paint is inexpensive. Let the child choose the color and help them paint their room. You can also buy mistake paint (colors that didn't work out for others) and let the child paint a mural on their bedroom wall.
2. Teenagers need extra-curricular activities; however, these activities are expensive. Work out a deal with the karate teacher, horse stable, art teacher, sport coach etc. Offer to provide transportation, house cleaning duties once a month, or precooked meals to get a discount on these classes for your teenager.
3. Teenagers have a difficult time with their emotions. Download yoga lessons from online and do yoga breathing exercises together as a family. Talk to your child about using these techniques when they feel tense at school.
4. Make a deal. If your child maintains the grades you agree upon, does not have any unnecessary absences, and has been agreeable, allow them to take a mental health day and stay home on a day you are home as well. Go window shopping together, fishing, go-kart riding, or whatever would float your child's boat. My mother did this with us when we were children and I still remember these days fondly.
5. Let your teenager play their music during dinner and talk to you about why they like each song that plays.
6. Watch an old black and white classic movie together and talk about how movies have changed. My children loved "Harvey" with Jimmy Stewart when they were teenagers.
7. Write half a story or poem and let your teenager write the other half. Submit the story for publication.
8. Scan your teenager's papers or art work and have them bound in a book (www. lulu.com has inexpensive binding available). Present the book to your teenager at a special dinner.
9. Make a scrap book of your teenager and their friends with ticket stubs and pictures and present at a surprise party.
10. Save your change for a year. Let your teenager choose what to do with that money. One family that I know saved enough to take a family of six to Disneyland.
11. One of the greatest gifts you can give to a teenager is to teach them charity. Sign up to work in a soup kitchen, nursing home, or other similar area and work with them once a month.
12. Organize a neighborhood football or basketball game "oldies" vs "youngsters" or "men" vs. "women" and then have a block barbecue afterwards.
13. Let them drive the "good" car for a special occasion.
14. Surprise them with their favorite dessert for no special reason.
15. Write a story about the 20 things you love about them. Include fun pictures.



16. Choose a family member of the month and make a poster of them. Let them choose Friday night dinners for the month.
17. Teach your children how to play a game like *Spoons*, *Canasta*, *Poker*, etc. and have a family game night.
18. Turn out all the lights in the house and play hide and go seek in the dark. The person that can stay hidden the longest gets to choose the movie the family watches on Saturday night.
19. Hire your child to be an interior decorator and using only items available in the house, redo a room in the house.
20. Do your own *Trading Spaces*. Parents redecorate the teen's bedroom and the teen redecorates the parent's bedroom.
21. Use plastic Easter eggs and put dollar amounts in the eggs on slips of paper and number the eggs with a permanent marker. Play *Deal or No Deal* with one of the parents playing the banker.
22. Help your teenager study for a test by downloading a free *Who Wants to be a Millionaire* PowerPoint game and put the answers to your teenagers' test into the game and then play to help them study.
23. Tape record your student's study questions onto a tape recorder for them so they can listen to them while they are going to sleep.
24. Make flash cards for your student's exams to help them study for a big exam.
25. Help your teenager organize their notebook using color coded folders for each subject and pocket folders for study cards.
26. Hide positive messages all over your teenager's room, in their books they use at home (you don't want them to get embarrassed at school), on their bathroom mirror, etc.
27. Watch Jeopardy and give each family member a pad of post it notes or index cards. Have everyone write down what they think the answer is and keep points. The person who wins gets to pick what the family does as an activity that weekend.
28. Do some research for your teenager. For example, if your teen is studying Greek Mythology go to the library and check out all the books on Greek Mythology for them or download some appropriate materials from the Internet (be careful of the Internet as some information is not correct).
29. Take your teen to a museum, on a nature walk, to a sporting event, whatever would float their boat. It's the time you spend with them that is important and there are many free events you can attend.
30. Make a special mix CD for your teen of their favorite songs. You can upload i-tunes and then copy their own CD's into the program and mix and match their favorite songs onto one CD so they don't have to flip through CD's to listen to their favorite songs.
31. Have a contest to see who can find something that no one in the family can guess what it is. For example, a shirt stay, or the inside spring to a toy, things that might not be recognizable away from their use.
32. Have everyone come to the table with a quote and then a contest to see who can guess who made the quote famous.



33. Surprise your teen with a scavenger hunt all over the house when they get home from school. Make the clues hard to figure out. I always had a little prize at the end like baseball cards.
34. Let your teen host the training of a guide dog. This will teach them responsibility and give them a sense of pride.
35. Help your teen become a big brother or sister to a child who needs a mentor. There is no greater gift you can give yourself than that of service to someone in need.
36. Chop Basket- Let your teen choose the ingredients from your cupboard and you have to make dinner from the ingredients. (Like the show).

### **Teachers**

With triplicate gotchas- the first copy, as mentioned before, goes to the parents. The second copy goes to the homeroom teacher. The homeroom teacher helps the student save the gotchas up for cashing in points. Here are some ideas they can cash in gotchas for- you'll just have to decide how many gotchas each prize is worth:

### **Reinforcements for Staff to Give to Students for Good Behavior at School**

#### Free or Inexpensive Reinforcements for Individual Students

##### Elementary Level

1. 10 minutes of computer time
2. 10 minutes of i-Pad time
3. 15 minutes of computer time
4. 15 minutes of free choice time
5. American Idol with your class- you get to be a judge
6. Art time with special art supplies (like clay, ceramic, bake dough etc. )
7. Assist the custodian
8. Assist with morning announcements over the PA system
9. Be a helper in another classroom
10. Be featured on a photo recognition board
11. Be recognized during announcements
12. Be the first one in the lunch line
13. Be the leader of a class game
14. Be the line leader or the caboose
15. Be the scout (Person who goes ahead of class to tell the special teacher they are on the way)
16. Be the teacher's helper for the day



17. Borrow the principal's chair for the day
18. Breakfast with the custodian
19. Breakfast with the librarian
20. Breakfast with the music teacher
21. Breakfast with the PE teacher
22. Breakfast with the principal
23. Breakfast with the teacher
24. Bring your pet to school and share it with the class
25. Bubbles
26. Build a tent out of your desk using a towel and work under your desk
27. Buy Back a Bad Grade by getting to take another chance at a quiz
28. Buzz cut a design in an agreeable male's head
29. Cake Boss decorating cupcake with your class- you be the judge
30. Choose a book for the teacher to read aloud to the class
31. Choose any class job for the week
32. Choose music for the class to hear
33. Choose the game during physical education
34. Choose which homework problem the teacher has to answer for the whole class
35. Choose which homework problem the teacher will give the answer to for a freebie
36. Clean the teacher's desk
37. Craft Stamps during FREE Time tomorrow
38. Cup of hot chocolate
39. Cut the principal's tie off and have your picture featured on a bulletin board with the neck part of the tie as the frame. Keep the tip for a souvenir.
40. Dance to favorite music in the classroom
41. Decorate the class door
42. Design a class/school bulletin board
43. Design and make a bulletin board
44. Do freeze tag with the class
45. Do half of an assignment
46. Do the conga with the class
47. Do the Hand Jive with the class
48. Draw on a small white board at desk
49. Draw on the chalkboard
50. Draw pictures on the chalkboard while the teacher reads to the class (illustrating the story being read)
51. Duct tape the principal to the wall during lunch or an assembly
52. Earn a blue ribbon for an art display



53. Earn a certificate for free
54. Earn a free pass to a school event or game
55. Earn a gift certificate to the school store or book fair
56. Earn a pass to the zoo, aquarium, or museum
57. Earn a picnic for your class- might be indoors if weather is bad
58. Earn a trophy- teacher made trophies
59. Earn a trophy, plaque, ribbon or certificate
60. Earn an item such as a Frisbee, hula hoop, jump rope, paddleball or sidewalk chalk, which promote physical activity
61. Earn extra computer time
62. Earn extra credit
63. Earn free tutoring time from the teacher (spelling secrets, math secrets, writing secrets)
64. Earn play money to be used for privileges
65. Earn points for good behavior to “buy” unique Reinforcements (e. g. Autographed items with special meaning or lunch with the teacher)
66. Earn the privilege of emailing a parent at work telling of accomplishments
67. Eat lunch in the Classroom
68. Eat lunch outdoors with the class
69. Eat lunch with a teacher or principal
70. Eat lunch with an invited adult (grandparent, aunt, uncle)
71. Eat snack in the classroom
72. Eat with a friend in the classroom (with the teacher)
73. Enjoy a positive visit with the principal
74. Enjoy class outdoors for the whole class
75. Enter a drawing for donated prizes among students who meet certain grade standards
76. Extra session of Daily 5
77. Free 1 point gotcha for everyone in the class
78. Free pass on doing only half an assignment instead of whole assignment
79. Get “free choice” time at the end of the day
80. Get a “no homework” pass
81. Get a balloon attached to your desk
82. Get a banner at your desk
83. Get a book dedicated to you in the library
84. Get a drink from the cold water fountain (There is always one fountain that is better)
85. Get a flash cards set printed from a computer
86. Get a free choice for the whole class
87. Get a special crown to keep and wear
88. Get a special school supply from the teacher’s closet



89. Get a video store or movie theatre coupon
90. Get chalk for recess to draw on the playground
91. Get extra art time
92. Get to ask your BFF to join you at a special table in the lunchroom
93. Get to be a mentor on the playground for recess
94. Get to be first in the lunch line
95. Get to be the assistant custodian for 30 minutes
96. Get to be the assistant librarian for 30 minutes
97. Get to be the assistant principal for 30 minutes
98. Get to be the caboose for the day
99. Get to be the line leader for the day
100. Get to be the Music teacher's helper for 30 minutes
101. Get to be the PE teacher's helper for 30 minutes
102. Get to be the secretary's helper for 30 minutes
103. Get to be the teacher's helper for the day
104. Get to blow bubbles at recess
105. Get to bring a special guest to class to read a story to the class
106. Get to bring in show and tell
107. Get to bring in something you collect from home and share it with the class
108. Get to bring your favorite game from home and share it with the class
109. Get to choose an art project for the class
110. Get to choose an extra book for story time
111. Get to choose the brain break activity
112. Get to dance with the class
113. Get to do a magic trick for the class
114. Get to draw on the whiteboard while the teacher is reading
115. Get to eat lunch with a different class
116. Get to eat lunch with the custodian
117. Get to eat lunch with the principal
118. Get to eat lunch with the teacher
119. Get to go help another teacher for one hour
120. Get to go help in a younger class
121. Get to have everyone write a positive sentence about you in a booklet
122. Get to help design a bulletin board and put it together
123. Get to hold the flag for the pledge in the morning
124. Get to invite three friends to eat lunch with you in the classroom
125. Get to make a special card using the stamps and ink
126. Get to paint something on the classroom easel



127. Get to perform a science experiment for the class
128. Get to play Angry Birds on class i-Pad
129. Get to play with Playdough or the Fuzzy Pumper Barber Shop
130. Get to put on a puppet show for the class- using the teacher's doorway curtain
131. Get to put together a puzzle in the back of the room
132. Get to read a comic book during DEAD time (Drop Everything and Read)
133. Get to read morning announcements over the Public Address System
134. Get to set up snack for the class
135. Get to sing karaoke in the class
136. Get to sit in the class beanbag
137. Get to sit in the class rocking chair
138. Get to sit in the special chair during reading time
139. Get to sit on the floor to do your work- using teacher's pillow
140. Get to skip one test question
141. Get to take care of the class pet over the weekend or holiday
142. Get to take off your shoes for the day
143. Get to teach one topic for the day
144. Get to tell jokes to the class for 10 minutes
145. Get to text message your parents about a great behavior
146. Get to use the teacher's cell phone to call home about your great behavior
147. Get to use the teacher's computer to send an email to someone about your great behavior
148. Get to visit another classroom for one lesson of the day
149. Get to visit the principal for a prize (pencil)
150. Get to wear a diamond tiara for the day
151. Get to wear a super hero costume for the day
152. Get to wear ear buds for one hour and listen to music
153. Get to write the morning positive message
154. Get to write your name on a paper with the glitter pen
155. Get your name read over the morning announcements proclaiming your good behavior
156. Get your picture in the school newspaper
157. Get your picture on the school website
158. Go on a walking field trip (earn privilege for whole class)
159. Go to recess early
160. Go to the library to select a book to read
161. Gum in the classroom
162. Hat day tomorrow



163. Have a drawing lesson
164. Have a free serving of milk
165. Have a teacher read a special book to the entire class
166. Have an extra recess
167. Have teacher share a special skill (e. g. Sing)
168. Have the class mascot at your desk
169. Have the teacher help you clean your desk
170. Have the teacher make a positive phone call home
171. Help in a lower level class
172. Hershey kiss for everyone
173. Invite a parent, grandparent to eat lunch with you
174. Keep a stuffed animal at desk
175. Learn how to do something special on the computer- like graphics or adding sound
176. Learn how to draw something that looks hard, but with help is easy
177. Listen to music while working
178. Listen with a headset to a book on audiotape
179. Make deliveries to the office
180. Move desk for the day
181. Music in the classroom
182. Name put on scrolling marquee with a specific message “Emily Jones says smile and eat your veggies. ”
183. New Pen for everyone
184. New pencil for everyone
185. No homework today
186. Operate the remote for a PowerPoint lesson
187. Overnight read-in for your class in the gym with sleeping bags and flashlights
188. Paint during FREE Time tomorrow
189. Pajama day tomorrow
190. Pick a game at recess that everyone plays including the teacher
191. Pick a Read Aloud Book for the teacher to read
192. Play a computer game
193. Play a favorite game or puzzle
194. Popcorn for the class
195. Principal dresses up in a funny costume for the day
196. Put your feet on your desk during DEAD time (Drop Everything and Read)
197. Read a book to the class
198. Read morning announcements



199. Read outdoors
200. Read to a younger class
201. Receive a “mystery pack” (gift-wrapped items such as a notepad, folder, puzzle, sports cards, etc. ) Receive a 5-minute chat break at the end of the class or at the end of the day
202. Receive a note of recognition from the teacher or principal
203. Receive a plant, seeds and a pot for growing
204. Receive art supplies, coloring books, glitter, bookmarks, rulers, stencils, stamps, pens, pencils, erasers and other school supplies
205. Receive donated community gifts or coupons
206. Receive verbal praise
207. Request what teachers sing or act out what song during lunch for the whole lunch period to see
208. Root beer float with the principal
209. Select a paperback book to take home to read from the teacher’s personal library
210. Sharpen pencils for the whole class
211. Shoot baskets at the trash can with foam balls
212. Show and Tell
213. Sit anywhere in the room today
214. Sit at the teacher’s desk using his or her chair
215. Sit at the teacher's desk for the day or a set amount of time
216. Sit next to the teacher during story time
217. Sit next to the teacher during story time
218. Sit with a friend at lunch, assembly, etc.
219. SMARTboard game for everyone
220. Sour gummy worm for everyone
221. Stay in at recess and help the teacher
222. Stuffed animal day tomorrow
223. Take a free homework pass
224. Take a trip to the treasure box (non-food items such as water bottles, pencils, pens, spiral notebooks)
225. Take care of the class animal
226. Take class animal home for school vacation time
227. Take home a class game for a night
228. Teach the class a favorite game
229. Teach the class a math lesson
230. Teacher does all the homework
231. Teacher dresses up in a funny costume for the day
232. Use colored chalk



- 233. Use the teacher's chair
- 234. Walk in the woods with a preferred adult during recess
- 235. Walk with a teacher during lunch
- 236. Watch a video instead of recess
- 237. Wear a hat for the day
- 238. Wii party with two BFFs
- 239. Work as the Principal apprentice for 20 minutes
- 240. Work in the lunchroom
- 241. Wrist smelly for everyone (use smelly lip balm)
- 242. Write with a marker for the day
- 243. Write with a special pen for the day
- 244. Write with a special pencil for the day

### **Free or Inexpensive Reinforcements for Individual Students**

#### Secondary Level

- 1. 10 minutes of computer time
- 2. 10 minutes of i-Pad time
- 3. 15 minutes of computer time
- 4. 15 minutes of free choice time
- 5. Adult volunteers to write a job recommendation for the student
- 6. All school party on the weekend with different venues for all interests: (students with zero ODR's get to come) Have parents sponsor and chaperone:
  - a. Dance area
  - b. Basketball area
  - c. Game board area
  - d. Conversation pit
  - e. Graffiti wall (piece of sheetrock painted white with sharpies of various colors)
  - f. Karaoke area
  - g. Computer animation area
- 7. American Idol with your class- you get to be a judge
- 8. Assisting Coach for any sport
- 9. Assisting PTO (PARENT TEACHER ORGANIZATION) (PARENT TEACHER ORGANIZATION) to develop ways to reinforce teachers who go out of their way to help students



10. Breakfast with the custodian
11. Breakfast with the librarian
12. Breakfast with the music teacher
13. Breakfast with the PE teacher
14. Breakfast with the principal
15. Breakfast with the teacher
16. Buy Back a Bad Grade by getting to take another chance at a quiz
17. Chance to go to grade school and teach students about a topic of interest
18. Choose which homework problem the teacher has to answer for the whole class
19. Choosing to do a PowerPoint for the class on a particular subject of interest
20. Choosing what assignment the class does for homework
21. Clean the teacher's desk
22. Cup of hot chocolate
23. Decorate the class door
24. Designing theme for school dance, ice cream social, game night
25. Dress as the school mascot during a game
26. Earn a picnic for your class- might be indoors if weather is bad
27. Earning the chance to be the water/towel person at a sporting event
28. Earning the chance to do stagecraft for any school performance (lights, stage design, props)
29. Earning the chance to scoreboard assist at a game
30. Eat lunch in the Classroom
31. Eat snack in the classroom
32. Eating lunch with a preferred adult
33. Facebook Status Updates on the Classroom Door
34. Free 1 point gotcha for everyone in the class
35. Free entrance to a dance
36. Free entrance to a football, basketball, etc. game
37. Free library pass to research a topic of interest
38. Free pass on doing only half an assignment instead of whole assignment
39. Get a balloon attached to your desk
40. Get a banner at your desk
41. Get a book dedicated to you in the library
42. Get a special school supply from the teacher's closet
43. Get to be first in the lunch line
44. Get to be the assistant custodian for 30 minutes
45. Get to be the assistant in the family living class
46. Get to be the assistant in the shop class



47. Get to be the assistant librarian for 30 minutes
48. Get to be the assistant principal for 30 minutes
49. Get to be the Music teacher's helper for 30 minutes
50. Get to be the PE teacher's helper for 30 minutes
51. Get to be the secretary's helper for 30 minutes
52. Get to be the teacher's helper for the hour
53. Get to choose the brain break activity
54. Get to dance with the class
55. Get to do a magic trick for the class
56. Get to draw on the whiteboard and be the teacher's secretary
57. Get to eat lunch with a different class
58. Get to eat lunch with the custodian
59. Get to eat lunch with the principal
60. Get to eat lunch with the teacher
61. Get to go help another teacher for one hour
62. Get to go help in a younger class
63. Get to have everyone write a positive sentence about you in a booklet
64. Get to help design a bulletin board and put it together
65. Get to invite three friends to eat lunch with you in the classroom
66. Get to perform a science experiment for the class
67. Get to play Angry Birds on class i-Pad
68. Get to put together a puzzle in the back of the room
69. Get to read a comic book during DEAR time (Drop Everything and Read)
70. Get to read morning announcements over the Public Address System
71. Get to sing karaoke in the class
72. Get to sit in the class beanbag
73. Get to sit in the class rocking chair
74. Get to sit in the special chair during reading time
75. Get to sit on the floor to do your work- using teacher's pillow
76. Get to skip one test question
77. Get to take off your shoes for the day
78. Get to teach one portion of the class for the day
79. Get to tell one preapproved joke to the class
80. Get to text message your parents about a great behavior
81. Get to use the teacher's cell phone to call home about your great behavior
82. Get to use the teacher's computer to send an email to someone about your great behavior
83. Get to visit another classroom for one lesson of the day



84. Get to visit the principal for a prize (pencil)
85. Get to wear ear buds for one hour and listen to music
86. Get to write the morning positive message
87. Get your name read over the morning announcements proclaiming your good behavior
88. Get your picture in the school newspaper
89. Get your picture on the school website
90. Getting a postcard in the mail telling parents what teachers admire most about their child
91. Getting to apprentice at one of the business partners with the school (grocery store, bank, etc. ) on the weekend.
92. Getting to buzz cut a design in the principal's hair (custodian's hair)
93. Getting to cut the principal's tie off (use loop to frame student's face on a bulletin board of fame)
94. Getting to duct tape the principal to the wall
95. Getting to scoop food at the cafeteria for a lunch period (social opportunity)
96. Getting to shoot a video about the school's expectations to show on CC TV 97. Gum in the classroom
98. Hall pass to leave class 5 minutes early and go by the coldest water fountain
99. Hat day tomorrow
100. Have the teacher help you clean your locker
101. Help from an adult of choice on a class they are struggling with (Free tutoring)
102. Homework free night
103. Invite a parent, grandparent to eat lunch with you
104. Learning how to do something of interest on the computer (animation, graphics, CAD)
105. Learning how to play chess
106. Learning how to play sports even if they didn't make the team
107. Learning how to run the light board or sound booth for a school performance
108. Let student make a bulletin board in the front hall highlighting an event of choice
109. Make the morning announcements
110. Move desk for the day
111. Music in the classroom
112. New Pen for everyone
113. New pencil for everyone
114. No homework today
115. Office aid for a period
116. Opportunity to be part of a brainstorming adult team at the school
117. Opportunity to eat lunch outdoors at a special table
118. Opportunity to eat lunch with a parent or grandparent at a special table



119. Opportunity to introduce the players over the PA during a home game
120. Opportunity to shadow business owner for a day- credit for writing about the experience
121. Opportunity to shadow the principal for an hour or the day
122. Opportunity to take care of lab animals in Science class
123. Opportunity to wear jeans instead of school uniform for a day
124. Popcorn for the class
125. Principal dresses up in a funny costume for the day
126. Principal grills hotdogs for students who have 0 tardies in the month & this student helps
127. Privilege of leaving book in class overnight instead of having to lug to locker
128. Privilege of seeing embarrassing photo of adult that no one else sees (Senior Portrait)
129. Put your feet on your desk during DEAR time (Drop Everything and Read)
130. Receive donated community gifts or coupons
131. Request what teachers sing or act out what song during lunch for the whole lunch period to see
132. Reserved seating at a school play for student and five friends
133. Root beer float with the principal
134. Send home a postcard about positive things the student has done this week
135. Serve as a student ambassador if visitors come to the school
136. Serving as a “page” for a local politician for the day
137. Serving as a door greeter for a parent night at school with a badge of honor to wear
138. Sharpen pencils for the whole class
139. Shoot baskets at the trash can with foam balls
140. Singing karaoke during lunch (approved songs)
141. Sit anywhere in the room today
142. Sit at score table in basketball game
143. Sit at the teacher’s desk using his or her chair
144. Sit in score box at a football game
145. Sitting in the teacher’s chair for the period
146. SMARTboard game for everyone
147. Special parking preference for a day
148. Special recognition at any school event- Guest DJ one song at dance etc.
149. Special seating at lunch table with friends
150. Student gets to pick which problem the teacher will make a freebie answer on homework
151. Student plans spirit week activity for one of the days (hat day, sunglasses etc. )



- 152. Teacher aid for special needs classroom
- 153. Teacher does all the homework
- 154. Teacher dresses up in a funny costume for the day
- 155. Teaching special needs student how to play a game

Just some fun ideas:

1. *Randomly put halos on kids who are doing kind things to themselves- like coming to school on time, having all their supplies etc.*
2. *Ringing a bell when they turn in their gotchas for the principal's drawing*
3. *Small Pringles can decorated to keep gotchas in for cash in copy*
4. *Clothesline with clothespins for each child to keep gotchas on for classroom containment of cash in copies*
5. *Giant fishnet to "catch" gotchas in for principal's drawing*
6. *Electronic tool for graphing student gotchas- free-free-free*
  - a. data collection tools under material download
7. Giant fish net to hang pictures of students who got caught exhibiting excellent behavior
8. Basketball goal with basketballs with student names of students who were caught exhibiting excellent behavior
9. Golden book- students get to write their name in the golden book when they get a gotcha- feather pencil
10. Draw one secret student and watch them all day and report over the intercom at the end of the day all their great deeds.
  - a. This student could wear a cape or a special T-shirt the next day indicating they were the mystery student the day before or the mystery hero.
11. Mystery walker- teachers choose a mystery walker- someone who is earning extra recess or extra free answers for homework (older students) – someone who exhibits good behavior in the hallways- like a secret shopper is out in the hallways looking for a secret person to be exhibiting these behaviors and then tags them and tells a teacher.
12. Brownie Points – brownies on a cookie sheet- (paper ones) when it's full- class reinforcement
13. Feather in the principal's cap- hat that gets feathers added to it- as each class earns class of the day.
14. Classroom doesn't monkey around award- monkey hanging on door of class with best behavior the day before.
15. Knocked the principal's socks off- pair of principal's socks stuffed to look like feet- awarded to class with best behaviors
16. This class was caught "Eggs"ibiting "Eggs"ellent Behavior (Giant Egg on the door)
17. Weaving a class of good behavior (sink strainer with ribbons woven through it)



18. Gumball machine (add sticker gumballs until the machine is full)
19. This class never forgets elephant reinforcement
20. Royal Reinforcement for best manners- crown awarded to class
21. Florence Nightingale reinforcement for no absences- nurses' cap awarded to class
22. Mystery Prize- Like reverse Hangman- students turn over letters to find out what the reinforcement is
23. Marbles in the jar- use flat marbles
24. Whole school Bingo Board with Gotcha Drawings
25. Smarty Pants- using the Milton Bradley Plastic pants game
26. Line jumper- go to the head of the line
27. Smarty Pants- using little kids pants
28. Stinky Feet Award- Take off your shoes in class
29. Go read to the principal Award
30. Swip- Swap Desks with another student Award
31. Cool Cat in the Hat Award- Get to Wear a Hat At School All Day
32. Show and Tell Day-
33. Use the teacher's special supplies
34. Picnic Lunch- or Friend Lunch Award
35. Recognition Rock Star- Get yourself recognized in the school or class newsletter
36. Bring a stuffed animal from home award
37. Call Dibs on the Computer
38. Special Reading Corner Spaces- Cash in Gotchas for DEAR time
39. Facebook Status Updates on the Classroom Door
40. Get your picture in Dr. Riffel's Presentation
41. Give Parents a jar of Popping Popcorn for Popping by
42. Give Watch Dog Dads a special parking place
43. Give Watch Dog Dads a special lunch table or special lunch
44. Give parents a special library with parent tips books and videos
45. Start a Mommy Mojo Group
46. Get Eagle Scouts to do big projects at your school
  - a. Outdoor Stage – kids love to perform
  - b. Walking trail
  - c. Fairy Ring
  - d. Irrigation System-
47. Get Communities and Families involved in your PBIS Projects
  - a. Check out the universal support portion of material downloads- on [www.behaviordocor.org](http://www.behaviordocor.org)
48. Use advertising to get what you need



49. Grants for educators:
- [www.donorschoose.org](http://www.donorschoose.org)
  - Innovative classroom (April 15 deadline) <http://www.grantwrangler.com/GrantManager/templates/?a=563&z=0>
  - Kohl's Community Cares
  - Limeades for Learning
  - <http://www.freakyfreddies.com/teacher.htm>
  - [http://www.squidoo.com/free\\_stuff\\_for\\_teachers](http://www.squidoo.com/free_stuff_for_teachers)
  - <http://www.kalama.com/~zimba/freeforteachers.htm>
  - <http://freebies.about.com/cs/teacherfreebies/a/teacherfreebies.htm>
50. Stores that Love Teachers
- <http://www.bradsdeals.com/blog/2010/08/10/71-stores-offeringdiscounts-to-teachers/>
51. Dollar Store Frame with positive quotes written on the glass every day.
- Whether you think you can- or think you can't- You're Right (Henry Ford)
  - If you are feeling blue- trying painting yourself a different color
  - Life has no remote. Get up and change it yourself.
  - Those who are the happiest, never did have everything.
  - Everybody is a genius. But, if you judge a fish by it's ability to climb a tree, it will its whole life believing it is stupid. (Albert Einstein)
  - Things turn out best for those who make the best out of the way things turn out.
  - Today, I will be happier than a bird with French fry.
  - Never judge a book by its movie.
  - Whatever you are, be a good one.
  - "Believe that you will succeed, and you will. " *Dale Carnegie*
  - Your beliefs don't make you a better person- your behavior does.*

### **Group vs. Group contingency-**

#### Best manners in the Library-

- Library book (damaged book) turned into a clock- given to the class that has the best manners in the library that week
- Golden book- wooden book shape spray painted gold- given to the class that has the best manners in the library that week

#### Best manners in PE

- Soccer ball attached to a trophy base- for best manners in PE that week



2. Giant trophy given to class with the best manners in PE that week
3. Tennis shoe spray painted gold for best manners in PE that week

#### Best manners in Music

1. LP spray painted platinum or gold for best manners in music that week

Other awards for Best manners in cafeteria, bus, Spanish class, computer lab, art class etc. You decide

Cafeteria tables- pocket charts- popsicle stick idea – reinforcement for the table- elementary idea and secondary idea- sitting at a special table with music for secondary- extra recess time for elementary.

Golden Plunger Award for cleanest classroom- elementary and secondary  
Reinforcements

Individual Contingency- Individual Reinforcements- Same as Token Economy

Use based on function of behavior

### **Principal**

With triplicate gotchas, the final copy should go to the principal. So to review- top copy to parents, middle copy to homeroom, and bottom copy to principal. The principal should do two things with his or her copy.

1. Measure –
  - a. How many gotchas are given
  - b. Who is giving gotchas
  - c. Who is getting gotchas and who is not
    - i. Gotcha tracking tool-
      1. Go to [www.behaviordoctor.org](http://www.behaviordoctor.org) – Go to training tab- click material download- scroll down to “data collection tools” and then download the “gotcha tracking tool”.
2. Draw from the turned in gotchas.
  - a. Students whose names get drawn by the principal can earn principal prizes like:
    - i. Renting the principal’s chair for the day
    - ii. Get to eat lunch with the principal
    - iii. Get to play the principal in a game of checkers



- iv. Get to have a hot chocolate with the principal
- b. You should draw at least 3 students' names each day
- c. Several of my principals do a BINGO board.
  - i. Giant board with 200 squares drawn on it with permanent marker
  - ii. Board is numbered 1-200
  - iii. Poker chips or cards with numbers 1-200 written on them, kept in a small box the students can draw from
  - iv. Principal draws 10 names and those students draw a number from the small box.
  - v. The students write their name in the corresponding number with a vis-à-vis pen.
  - vi. When the student names form a BINGO- those 10 students get to come down to the principal's office to find out a prize they have earned as a group.
    - 1. Limo ride for an ice cream (Talk to your local funeral parlor about free use of their limo as a prize for the students)
    - 2. BBQ lunch with the principal out on the school lawn
    - 3. Play horse with the principal

### **Classroom Ideas:**

You can use the Group Contingencies and Group Reinforcements to get your students on the road to success in your classroom:

1. First – put all your students' names on a popsicle stick and place in a cup or orange juice can (secondary teachers can have a can for each hour)- this will be your random drawing.
2. When the class is working nicely, you will draw a name from the name cup or can to add a point or piece to your group contingency- here are some ideas:
  - a. Bring in a naked Mr. Potato Head- The students add pieces to Mr. Potato Head – when he is all put together – they get a class Reinforcement- like a homework free night or an extra recess.
  - b. A cootie bug game piece that gets put together
  - c. Stacking rings even work for preschoolers
  - d. Pictures of brownies put on a cookie sheet (earning brownie points)
  - e. Scratch off mystery Reinforcements- make your own scratch off tickets using model paint and dishwashing detergent (2 parts paint to 1 part dishwashing detergent)



- f. <http://teachnet.com/manage/classroom-decor/get-work-done-by-playing-homeworkopoly/> - free download of Homeworkopoly game board and pieces.
- g. Use a Candyland or Chutes and Ladders game board on the wall and Velcro a playing piece to go around the board as the students are caught exhibiting excellent behavior.
- h. Make a baseball diamond on the board – when the students hit a home-run with good behavior (earning points by remembering to raise their hand and wait to be called on- etc. they earn a class Reinforcement)
- i. Marbles in a jar- sneak a string of lights in at the last minute and surprise them by lighting it up when the last marble goes in the jar.
- j. Compliment board- points on the board
- k. Barrel of monkeys- linked together from the ceiling

